WELLINGTON BAY *WHISPERER*

News from Wellington Bay luxury senior living community in Wellington, Florida.



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Welcome to the second issue of *Wellington Bay Whisperer*, your inside look at the energy, creativity, and connection that shape life at **Wellington Bay**.

From lively events and resident spotlights to behind-the-scenes updates and thoughtful initiatives from Liberty Senior Living, each edition highlights the people, moments, and ideas that make **Wellington Bay** feel like home.

Life here is rich with opportunity. Residents gather for engaging programs, explore new hobbies, and share meaningful moments that spark joy and friendship. Our team works with care and intention to ensure every experience is memorable, while Liberty Senior Living continues to enhance daily life through leadership and innovation.

Whether you are here to stay informed, feel inspired, or simply enjoy a story that warms the heart, *Wellington Bay Whisperer* offers something for everyone.

We invite you to flip through these pages to see what is happening, what is new, and what makes **Wellington Bay** such a welcoming place to call home.

Liberty Senior Living, a division of Liberty Health, is a North Carolina-based, family-owned company with more than 150 years of experience, that owns and operates dozens of senior living communities across the Southeast.

LIBERTY Senior Living 150 Years EST. 1875

Liberty Senior Living's Inaugural Leadership Summit

Liberty Senior Living recently hosted our inaugural Leadership Summit, bringing together executive directors and administrators from across our communities for a time of learning, growth, and recognition.

The event fostered collaboration and connection while celebrating the extraordinary work of leaders who continue to elevate the resident experience. Over the past year, their efforts have driven meaningful growth and impact across the organization.

Liberty Senior Living's Chief Operations Officer, Bob Goyette, reflected on that success, saying, "Together our teams welcomed thousands of new residents into our communities, surpassing expectations while staying grounded in what matters most: serving others with purpose, compassion and excellence. That is the real measure of our success."

A highlight of the Summit was the presentation of the Cindy Stancil Leadership Award to **Sean Davis, Executive Director of South Bay at Mount Pleasant**, in recognition of his outstanding performance.

"Sean truly embodies the values of Liberty and sets a powerful example for all of us," Bob said.

The Summit reinforced Liberty's commitment to building communities where people feel a true sense of belonging.

I NCLUSIVE
N UTRITION
S PIRITUAL
P HYSICAL
I NTELLECTUAL
R ECREATIONAL
E NGAGING

I is for Inclusive

Inclusivity is a defining element of the INSPIRE program, creating a community where every resident feels welcomed, valued, and empowered. At Liberty Senior Living, wellness is approached holistically, supporting physical, emotional, spiritual, and mental well-being through programming designed for all.

This commitment is reflected in a wide range of activities, educational opportunities, and fitness offerings intentionally designed to appeal to diverse interests and abilities. Whether someone is new to an activity or highly experienced, programs are offered at varying skill levels so everyone can participate comfortably and confidently. From beginner games to advanced play, and from seated fitness to more active classes, each offering meets residents where they are.

Inclusivity also extends beyond programming into the culture of the community. Residents are embraced as part of a welcoming environment that promotes acceptance, connection, and a strong sense of belonging. With a person-centered approach, programming celebrates the unique backgrounds, experiences, and identities of each individual.

By prioritizing inclusivity, the INSPIRE program ensures that every resident has opportunities to engage, connect, and thrive, creating a vibrant community where everyone truly feels at home.



150 PARTICIPANTS.
12 COMMUNITIES.
3 DAYS.
2 DOZEN EVENTS.
AGES 56 TO 98.



5th Annual Liberty Games Bring 12 Communities Together for Three Days of Competition

One hundred fifty residents, ages 56 to 98, from 12 southeastern independent senior living communities gathered at **Hayes Barton Place** senior living community in Raleigh, North Carolina, for the 5th Annual Liberty Games.

This Olympic-style event, a signature of Liberty Senior Living, featured more than two dozen competitions over three days. Athletes competed in events ranging from bocce, swimming, and shuffleboard to trivia, chess, Scrabble and billiards.

The Games opened with a keynote from Olympic gold medalist Charlie Houchin, followed by a spirited team introduction. Participating communities included **The Barclay at SouthPark, Brightmore of South Charlotte, Brightmore of Wilmington, Carolina Bay at Autumn Hall, Pisgah Valley, Quail Haven Village, South Bay at Mount Pleasant, The Templeton of Cary, Wellington Bay, The Carlisle Palm Beach**, and **Preserve at Fairfield Glade**.

A philanthropic element added deeper meaning this year. A raffle raised $3,000 for Special Olympics North Carolina, which Liberty matched for a total of $6,000. Haley Kinne-Norris, Home Office Director of Life Enrichment and Wellness, noted the organization's admiration for the athletes and pride in supporting the mission.

Liberty corporate team members also volunteered, assisting with logistics and cheering on participants, allowing community staff to focus fully on residents.

The Liberty Games were designed to crown champions and, even more importantly, foster a sense of community, camaraderie, and active engagement. They embody a corporate-wide commitment to promoting a culture of wellness, where staying engaged and active is a priority at every age.





Celebrating Service and Connection

At **Wellington Bay's** Volunteer Appreciation Luncheon, approximately 50 residents were honored for their ongoing volunteer service across the community. The event theme, The Art of Volunteering, highlighted the creativity, care, and dedication residents bring to daily life at **Wellington Bay**.

Honorees included members of the Resident Advisory Council, as well as committees supporting wellness, housekeeping, life enrichment, culinary, library, marketing initiatives and more. Residents who lead clubs or teach classes in investment, knitting, technology, wine appreciation, travel, and more, were also recognized, along with those who contribute written resident spotlights that share community stories.

Life Enrichment Director Julie Ann Smolansky shared, "Volunteering offers residents purpose, social connection, use of skills, joy in giving back, and passion for their causes."

The event highlighted **Wellington Bay** residents' strong culture of service.





The Artists of Wellington Bay

Creativity took center stage at **Wellington Bay's** second annual Resident Art Show, which showcased 44 works by 25 talented resident artists. The collection featured a wide variety of mediums, including paintings, photography, jewelry, textiles, embroidery, and more.

Guests enjoyed an elegant afternoon complete with champagne, light bites, and live harp music. Some pieces were created through **Wellington Bay's** art programs and classes, some of which are taught by residents themselves. Other artists pursued their creative passions independently.

The event also celebrated the winners of a resident photography contest. Five award-winning photographs were selected for display in the community lobby. From first time exhibitors to lifelong artists, the show was a wonderful celebration of the talents and passions that make the **Wellington Bay** community so unique.





Creative Expressions – Turning Reuse into Art

Residents of **Wellington Bay** took part in Collective Dreams for a Waste Free Planet. The environmental art experience is led by Resource Depot, a nonprofit focused on creative reuse and sustainability education. The two-hour workshop emphasizes hands-on creativity and environmental awareness. The program is hosted at schools and organizations throughout the area.

Resource Depot artist Mary Glazier guided participants in reuse concepts while they created mixed media works reflecting hopes for a greener future. Residents of **Wellington Bay** demonstrated a strong commitment to a waste free planet, reimagining everyday materials with intention and creativity.

Each piece of art is photographed and shared in a collaborative virtual gallery, extending the message beyond the community and inviting broader conversation about sustainability.





The Teddy Bear Effect

Teddy bears are always a good thing, especially when they bring comfort to those who need it most. Inspired by an upcoming presentation, "Margarete Steiff: The Woman Behind the Teddy Bear," Life Enrichment Director Julie Ann Smolansky launched a community teddy bear drive at **Wellington Bay**.

Over the following weeks, residents and staff enthusiastically contributed nearly 80 teddy bears, with even guest lecturer Anette Isaacs bringing one to donate. The project sparked an especially heartfelt gesture when one resident requested teddy bears in lieu of gifts for her birthday celebration at **Wellington Bay**. When a guest asked if he could donate money instead, she responded, "No bear, no food."

The collected bears were donated to the Neonatal Unit at Wellington Regional Hospital, where they will provide comfort and smiles to families and children during their hospital stay.



Dean Jack Watson presenting Haley with Hall of Fame plaque

> "Haley's impact on our organization and the residents we serve is extraordinary. We are incredibly proud to see Haley recognized with this well-deserved honor."

Nicole Cook
Liberty Senior Living
Vice President of Operations

UNCW Hall of Fame Honors Haley Kinne-Norris

Haley Kinne-Norris, Home Office Director of Life Enrichment and Wellness for Liberty Senior Living, has been inducted into the UNCW College of Health and Human Services Hall of Fame. One of five inaugural honorees, Haley was recognized for leadership, service, and meaningful contributions to both the senior living profession and future generations of students.

A 2018 graduate of UNCW with a Bachelor of Science in Exercise Science and a 2021 graduate with a Master of Science in Applied Gerontology, Haley's connection to Liberty began as part of the university's first intern cohort at **Carolina Bay at Autumn Hall**. After joining Liberty as a Wellness Director in 2018, Haley advanced into a leadership role supporting wellness and life enrichment initiatives across the organization's communities.

Committed to developing future professionals, Haley has mentored more than 25 UNCW interns, some of whom have gone on to careers with Liberty Senior Living.

In their current role, Haley created INSPIRE, Liberty's holistic wellness program that supports residents' physical, emotional, and social well-being. Haley also secured Liberty's membership with the International Council on Active Aging, presented at industry conferences, and helped multiple communities earn the ICAA Beacon Wellness Award.

Additional initiatives of Haley's include the Annual Liberty Games, ALympics competitions, Senior Beach Day, and a World War II veterans luncheon.

"Haley's impact on our organization and the residents we serve is extraordinary," said Nicole Cook, Vice President of Operations. "We are incredibly proud to see Haley recognized with this well-deserved honor."

The recognition reflects Haley's lasting influence on residents, colleagues, and the future of aging services.





Age should never put distance between you and what's happening now.

Introducing *Liberty Connects* Podcast

If you think conversations about senior living are all quiet routines and predictable topics, Liberty Connects is here to change that.

Liberty Senior Living's newly launched podcast brings energy, humor, and curiosity to the realities of aging well.

This is where grandmas are gaming, pickleball sparks friendly debate, and someone finally says what everyone is thinking about noisy restaurants.

Episodes lean into everyday moments that feel familiar, surprising, and often funny, including "Storage Units and Other Expensive Forms of Denial," "Procrastination: Humanity's Favorite Hobby," and "The Elephants in the Room: Stuffed, Shelved and Slightly Worthless." Even technology gets a fresh look in "Beyond Quacks and Commands," which explores how virtual voice assistants are reshaping daily life.

Hosted by veteran broadcaster Lisa Fielding, Liberty Connects is a monthly podcast created for anyone who believes aging should be anything but boring... certainly seniors, but also their children, grandchildren, friends and anyone who wants some timely info and suggestions without being preachy.

Each episode is structured into five short segments, making it easy to listen in quick moments or sit back for a longer experience. We're having Liberty Connects events at our communities, during which residents can listen and then discuss the episode. They're enjoying it as much as we enjoy putting it together.

At its heart, Liberty Connects is about staying curious, building connection, and embracing life with humor and purpose. We encourage you to tune in and enjoy!!

To listen anytime, visit www.LibertySeniorLiving.com today for more.

Special Offers & More

Celebrate 250 Years of America

ENJOY EXCEPTIONAL SAVINGS
In honor of America's 250th birthday, new residents of Wellington Bay can enjoy a special monthly fee of just $250 plus up to $5,000 towards moving expenses during their second month of residency.

This exclusive offer is available to select tower apartments for a limited time only.

Offer valid through September 30, 2026. Restrictions apply.

Floor Plan Spotlight

Independent living
GREENWICH

1,228 Square Feet
2 Bedrooms
2 Baths

Scan For Floor Plan



Check out *Liberty Connects*, Liberty Senior Living's podcast exploring wellness, technology, travel, lifelong learning, and more, all designed to inspire connection, curiosity, and vibrant living.

Scan the QR code to Listen to the latest and greatest of Liberty Connects!

561-739-1912

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Wellington, FL 33414

www.WellingtonBayfl.com

Wellington Bay's Independent Living offers an active, upscale lifestyle. Assisted Living Memory Care and Respite Care are also offered on site at Lisbet at Wellington Bay.

TO LEARN MORE, SCAN QR CODE

ASSISTED LIVING FACILITY LICENSE NUMBER OF #13793

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