

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 LISBET HEALTH CENTER <small>AT WELLINGTON BAY</small>		Peace of Mind... All Ways and Always Lisbet Memory Care	Resident Birthday Larry E. September 18	"When life is sweet, say thank you and celebrate. And when life is bitter, say thank you and grow." – Shauna Niequist	10:30 Sit 2B Fit 1 1:00 Categories and conversation 3:30 Bean Bag Toss 6:00 Music of the 50's	10:00 Chair Exercise 2 1:00 Hot Topics and Cool Drinks 3:30 Animal Puzzles 6:00 Sing A Long
10:30 Noddle Ball 3 1:30 Talk & Trivia 3:30 Flower Power 6:00 Ladies of Broadway	Labor Day 4 10:30 Bean Bag Toss 1:30 Crafts with Paper 3:00 Stars and Celebrities Trivia 6:30 Mindful Meditation	10:30 Exercise , Stretch and enjoy 5 1:30 Card Games 3:30 Westminster Dog show on TV 6:00 Travel to State Parks on TV	10:30 Movement , Music , & Memory 6 1:00 Table Games 3:30 On this Day 6:00 Sing A Long	10:30 Ball Games, 7 12:30 Name Game 3:00 Snack & Chat 6:30 Music of the 40's	10:30 Sit 2B Fit 8 1:30 Matching cards 4:00 Games and such 6:30 The Lucy Show	10:30 Dance to the Music 9 1:30 Scavenger Hunt 3:30 Garden Tips [CT] 6:00 Sounds of Frank Sinatra
Grand Parents Day 10 10:30 Music and Exercise 1:30 Nature Sounds 3:00 Movie 6:00 Where in the World	Patriot Day 11 10:30 Walking to music 1:30 Walk ,Sing ,Dance 3:30 Celebration Service 6:00 Song Birds	10:30 Bean Bag Toss 12 1:00 Pen and Paper 3:00 Music of the 60's 6:00 Concert on TV	10:30 Noddle Ball 13 1:00 Matching 3:00 Flower Power 6:00 Sing and Smile	10:30 Stretch and Sing 14 1:30 Rhyme It 3:00 Creative Coloring 6:00 Nature Sounds	10:30 Sit 2B Fit 15 1:30 Bird Watching 3:00 Counting our Steps 6:00 Jigsaw Puzzles	Rosh Hashana 16 10:30 Silver Sneakers on TV 1:30 Folding Tasks 3:00 Catch & Toss 6:00 Tony Benett Concert on TV
10:30 Music and Exercise 17 1:30 Dominoes 3:00 Garden Club 6:00 Music and Meditation	10:30 Stretch to Music 18 1:30 Around the World 3:00 Sing A Long 6:00 The Ladies of Broadway	10:30 Walking Club 19 1:30 Facts in Five 4:00 Noodle Ball 6:30 Card Games	10:30 Matching 20 1:30 Dominoes 4:00 Walking Club 6:00 Nature Sounds	10:30 Dance , Move and Enjoy 21 1:30 20 Questions 3:00 Puzzles 6:00 Mindful music	10:30 Sit 2B Fit 22 1:30 Music of the Big Bands 3:00 What is Cooking 6:00 Mindful Meditation	10:30 Balloon Toss 23 1:00 Spelling B 3:30 Sing A Long 6:30 Counting our Steps
10:30 Meet & Greet 24 1:00 It Adds Up 3:00 Creative Coloring 6:00 Nature Sounds	Yom Kippur 25 10:30 Noddle Ball 1:30 Stack It 3:30 Fact or Fiction 6:00 Big Band Music	10:30 Exercise Body and Mind 26 1:00 In the Store 3:00 20 Questions 6:00 TV Train Travel	10:30 Dance, to Music 27 1:00 Rhyme Time 4:00 Sing A Long 6:00 Music of the 60's	10:30 Stretch and be Happy 28 12:30 Sort & Chat 3:00 Dominoes and Table Games 6:30 Westminster Dog show on TV	10:30 Sit 2B Fit 29 2:00 Dominoes 3:00 Creative Coloring 6:00 John Denver Concert on TV	10:30 Love to Exercise 30 1:30 Name that Tune 3:00 Around the World 6:30 Country Music Songs to Sing