

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
 <p><b>LISBET HEALTH CENTER</b> AT WELLINGTON BAY</p>		<b>10:00</b> Dance, Sing, & Exercise to Music <b>1</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> BINGO <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Movie <b>6:00</b> Music of the 50's	<b>10:00</b> Dance, Sing, & Exercise to Music <b>2</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Hollywood Stars <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Travel and Places	<b>10:00</b> Dance, Sing, & Exercise to Music <b>3</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Ball and Balloon Toss <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Music concert on TV	<b>10:00</b> Dance, Sing, & Exercise to Music <b>4</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Movement , Music , & Memory <b>3:30</b> Exploring Activity Boxes	<b>10:00</b> Dance, Sing, & Exercise to Music <b>5</b> <b>10:30</b> Sing along with Lydia <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Movie Time <b>3:30</b> Exploring Activity Boxes		
		<b>10:00</b> Dance, Sing, & Exercise to Music <b>6</b> <b>11:00</b> Exploring Activity Boxes <b>2:00</b> Big Band Music <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Sing A Long	<b>10:00</b> Dance, Sing, & Exercise to Music <b>7</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Sing A Long <b>3:30</b> Exploring Activity Boxes	<b>10:00</b> Dance, Sing, & Exercise to Music <b>8</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> BINGO <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Movie <b>6:30</b> The Lucy Show	<b>10:00</b> Dance, Sing, & Exercise to Music <b>9</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Hollywood Stars <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Sounds of Frank Sinatra <b>6:00</b> Travel and Places	<b>10:00</b> Dance, Sing, & Exercise to Music <b>10</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Ball and Balloon Toss <b>1:30</b> Sit to B Fit <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Music concert on TV	<b>10:00</b> Dance, Sing, & Exercise to Music <b>11</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Movement , Music , & Memory <b>1:30</b> Walk ,Sing ,Dance <b>3:30</b> Exploring Activity Boxes	<b>10:00</b> Dance, Sing, & Exercise to Music <b>12</b> <b>10:30</b> Sing along with Lydia <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Movie Time <b>3:30</b> Exploring Activity Boxes
		<b>10:00</b> Dance, Sing, & Exercise to Music <b>13</b> <b>11:00</b> Exploring Activity Boxes <b>2:00</b> Big Band Music <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Sing and Smile	<b>Columbus Day</b> <b>10:00</b> Dance, Sing, & Exercise to Music <b>14</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Sing A Long <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Nature Sounds	<b>10:00</b> Dance, Sing, & Exercise to Music <b>15</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> BINGO <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Jigsaw Puzzles <b>6:00</b> Movie	<b>10:00</b> Dance, Sing, & Exercise to Music <b>16</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Hollywood Stars <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Travel and Places	<b>10:00</b> Dance, Sing, & Exercise to Music <b>17</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Ball and Balloon Toss <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Music concert on TV	<b>10:00</b> Dance, Sing, & Exercise to Music <b>18</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Movement , Music , & Memory <b>3:00</b> Sing A Long <b>3:30</b> Exploring Activity Boxes	<b>10:00</b> Dance, Sing, & Exercise to Music <b>19</b> <b>10:30</b> Sing along with Lydia <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Movie Time <b>3:30</b> Exploring Activity Boxes
		<b>10:00</b> Dance, Sing, & Exercise to Music <b>20</b> <b>11:00</b> Exploring Activity Boxes <b>2:00</b> Big Band Music <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Nature Sounds	<b>10:00</b> Dance, Sing, & Exercise to Music <b>21</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Sing A Long <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Mindful music	<b>10:00</b> Dance, Sing, & Exercise to Music <b>22</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> BINGO <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Mindful Meditation <b>6:00</b> Movie	<b>10:00</b> Dance, Sing, & Exercise to Music <b>23</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Hollywood Stars <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Travel and Places	<b>10:00</b> Dance, Sing, & Exercise to Music <b>24</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Ball and Balloon Toss <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Music concert on TV	<b>10:00</b> Dance, Sing, & Exercise to Music <b>25</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Movement , Music , & Memory <b>3:30</b> Exploring Activity Boxes	<b>10:00</b> Dance, Sing, & Exercise to Music <b>26</b> <b>10:30</b> Sing along with Lydia <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Movie Time <b>3:30</b> Exploring Activity Boxes
		<b>10:00</b> Dance, Sing, & Exercise to Music <b>27</b> <b>11:00</b> Exploring Activity Boxes <b>2:00</b> Big Band Music <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Music of the 60's	<b>10:00</b> Dance, Sing, & Exercise to Music <b>28</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Sing A Long <b>3:30</b> Exploring Activity Boxes <b>6:30</b> Westminster Dog show on TV	<b>10:00</b> Dance, Sing, & Exercise to Music <b>29</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> BINGO <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Movie	<b>10:00</b> Dance, Sing, & Exercise to Music <b>30</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Hollywood Stars <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Travel and Places	<b>Halloween</b> <b>10:00</b> Dance, Sing, & Exercise to Music <b>31</b> <b>11:00</b> Exploring Activity Boxes <b>1:00</b> Ball and Balloon Toss <b>3:30</b> Exploring Activity Boxes <b>6:00</b> Music concert on TV	<p style="text-align: center;"><b>Lisbet Memory Care</b> Peace of Mind... All Ways&amp; Always</p>	