

# February 2024



created with Sagely

| Sunday                                                                                                                                                                                         | Monday                                                                                                                                                                                                                      | Tuesday                                                                                                                                                                                                       | Wednesday                                                                                                                                                                                                     | Thursday                                                                                                                                                                                                 | Friday                                                                                                                                                                                                           | Saturday                                                                                                                                                                                       |
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| LISBET HEALTH CENTER<br>WELLINGTON HAY<br><br>Peace of Mind...<br>All Ways and Always<br><br>Lisbet Memory Care                                                                                |                                                                                                                                                                                                                             |                                                                                                                                                                                                               |                                                                                                                                                                                                               |                                                                                                                                                                                                          |                                                                                                                                                                                                                  |                                                                                                                                                                                                |
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| 10:00 Pledge of Allegiance /Anthem/ National day <b>4</b><br>11:00 Exercise/ Board time/ Active Games<br>1:00 Meditation/Trivia<br>2:00 Active Games/Music<br>3:00 Movie<br>6:00 Walking Tour  | 10:00 Pledge of Allegiance /Anthem/ National day <b>5</b><br>11:00 Active Games/ Mathematics Board<br>1:00 Meditation/Trivia<br>2:00 Active games & Sing a Long<br>3:00 Movie<br>6:00 Check the Mailbox                     | 10:00 Pledge of Allegiance /Anthem/ National day <b>6</b><br>11:00 Alphabetic Names/ Garden Stroll<br>1:00 Meditation/Trivia<br>2:00 Active Games/Dear Abbie Discussion<br>3:00 Concert<br>6:00 Walking Tour  | 10:00 Pledge of Allegiance /Anthem/ National day <b>7</b><br>11:00 Exercise /Build a City<br>1:00 Meditation/Trivia<br>2:00 Active Games/ Painting<br>3:00 Movie<br>6:00 Check the Mailbox                    | 10:00 Pledge of Allegiance /Anthem/ National day <b>8</b><br>11:00 Exercise/Places by Alphabet<br>1:00 Meditation/Trivia<br>2:00 Active Games/Bingo/Cards/ Sorting<br>3:00 Concert<br>6:00 Walking Tour  | 10:00 Pledge of Allegiance /Anthem/ National day <b>9</b><br>11:00 Garden Stroll/Family History<br>1:00 Meditation/Trivia<br>2:00 Games/Dance/Origami<br>3:00 Movie<br>6:00 Check the Mailbox                    | 10:00 Pledge of Allegiance /Anthem/ National day <b>10</b><br>11:00 Exercise/ Board time/ Active Games<br>1:00 Meditation/Trivia<br>2:00 Active Games/Music<br>3:00 Movie<br>6:00 Walking Tour |
| 10:00 Pledge of Allegiance /Anthem/ National day <b>11</b><br>11:00 Exercise/ Board time/ Active Games<br>1:00 Meditation/Trivia<br>2:00 Active Games/Music<br>3:00 Movie<br>6:00 Walking Tour | 10:00 Pledge of Allegiance /Anthem/ National day <b>12</b><br>11:00 Active Games/ Mathematics Board<br>1:00 Meditation/Trivia<br>2:00 Active games & Sing a Long<br>3:00 Movie<br>6:00 Check the Mailbox                    | 10:00 Pledge of Allegiance /Anthem/ National day <b>13</b><br>11:00 Alphabetic Names/ Garden Stroll<br>1:00 Meditation/Trivia<br>2:00 Active Games/Dear Abbie Discussion<br>3:00 Concert<br>6:00 Walking Tour | Valentine's Day <b>14</b><br>10:00 Pledge of Allegiance /Anthem/ National day<br>11:00 Exercise /Build a City<br>1:00 Meditation/Trivia<br>2:00 Active Games/Painting<br>3:00 Movie<br>6:00 Check the Mailbox | 10:00 Pledge of Allegiance /Anthem/ National day <b>15</b><br>11:00 Exercise/Places by Alphabet<br>1:00 Meditation/Trivia<br>2:00 Active Games/Bingo/Cards/ Sorting<br>3:00 Concert<br>6:00 Walking Tour | 10:00 Pledge of Allegiance /Anthem/ National day <b>16</b><br>11:00 Garden Stroll/Family History<br>1:00 Meditation/Trivia<br>2:00 Games/Dance/Origami<br>3:00 Movie<br>6:00 Check the Mailbox                   | 10:00 Pledge of Allegiance /Anthem/ National day <b>17</b><br>11:00 Exercise/ Board time/ Active Games<br>1:00 Meditation/Trivia<br>2:00 Active Games/Music<br>3:00 Movie<br>6:00 Walking Tour |
| 10:00 Pledge of Allegiance /Anthem/ National day <b>18</b><br>11:00 Exercise/ Board time/ Active Games<br>1:00 Meditation/Trivia<br>2:00 Active Games/Music<br>3:00 Movie<br>6:00 Walking Tour | Presidents' Day <b>19</b><br>10:00 Pledge of Allegiance /Anthem/ National day<br>11:00 Active Games/ Mathematics Board<br>1:00 Meditation/Trivia<br>2:00 Active games & Sing a Long<br>3:00 Movie<br>6:00 Check the Mailbox | 10:00 Pledge of Allegiance /Anthem/ National day <b>20</b><br>11:00 Alphabetic Names/ Garden Stroll<br>1:00 Meditation/Trivia<br>2:00 Active Games/Dear Abbie Discussion<br>3:00 Concert<br>6:00 Walking Tour | 10:00 Pledge of Allegiance /Anthem/ National day <b>21</b><br>11:00 Exercise /Build a City<br>1:00 Meditation/Trivia<br>2:00 Active Games/ Painting<br>3:00 Movie<br>6:00 Check the Mailbox                   | 10:00 Pledge of Allegiance /Anthem/ National day <b>22</b><br>11:00 Exercise/Places by Alphabet<br>1:00 Meditation/Trivia<br>2:00 Active Games/Bingo/Cards/ Sorting<br>3:00 Concert<br>6:00 Walking Tour | 10:00 Pledge of Allegiance /Anthem/ National day <b>23</b><br>11:00 Garden Stroll/Family History<br>1:00 Meditation/Trivia<br>2:00 Games/Dance/Origami<br>3:00 Movie<br>6:00 Check the Mailbox                   | 10:00 Pledge of Allegiance /Anthem/ National day <b>24</b><br>11:00 Exercise/ Board time/ Active Games<br>1:00 Meditation/Trivia<br>2:00 Active Games/Music<br>3:00 Movie<br>6:00 Walking Tour |
| 10:00 Pledge of Allegiance /Anthem/ National day <b>25</b><br>11:00 Exercise/ Board time/ Active Games<br>1:00 Meditation/Trivia<br>2:00 Active Games/Music<br>3:00 Movie<br>6:00 Walking Tour | 10:00 Pledge of Allegiance /Anthem/ National day <b>26</b><br>11:00 Active Games/ Mathematics Board<br>1:00 Meditation/Trivia<br>2:00 Active games & Sing a Long<br>3:00 Movie<br>6:00 Check the Mailbox                    | 10:00 Pledge of Allegiance /Anthem/ National day <b>27</b><br>11:00 Alphabetic Names/ Garden Stroll<br>1:00 Meditation/Trivia<br>2:00 Active Games/Dear Abbie Discussion<br>3:00 Concert<br>6:00 Walking Tour | 10:00 Pledge of Allegiance /Anthem/ National day <b>28</b><br>11:00 Exercise /Build a City<br>1:00 Meditation/Trivia<br>2:00 Active Games/ Painting<br>3:00 Movie<br>6:00 Check the Mailbox                   | 10:00 Pledge of Allegiance /Anthem/ National day <b>29</b><br>11:00 Exercise/Places by Alphabet<br>1:00 Meditation/Trivia<br>2:00 Active Games/Bingo/Cards/ Sorting<br>3:00 Concert<br>6:00 Walking Tour | Welcome to Lisbet!<br><br>Robert (Bob) P.<br><br>Joe P.<br><br>"Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour."<br>— John Boswell |                                                                                                                                                                                                |