

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
8:00 Breakfast of Champions 1 10:30 Snack and Social 12:00 Lunch Date with Lisbet 2:00 Bean Bag Toss 3:15 Sip and Snack 3:30 Sing Along with Lydia 5:00 Dinner 6:00 Sunday Spa Treatment 7:30 Evening Snack	8:00 Breakfast of Champions 2 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 2:00 Table Games 3:15 Sip and Snack 4:30 Hollywood Stars 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 3 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 2:00 Bingo 3:15 Sip and Snack 4:00 Creative Writing /Story Telling 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 4 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 2:00 What's Cooking 3:15 Sip and Snack 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 5 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 1:30 Table Games 2:00 Painting / Create/ and Connect 3:15 Sip and Snack 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 6 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 1:00 Noodle Ball 2:00 Places A-Z 3:00 Music Therapy with Chelsea 3:15 Sip and Snack 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 7 10:30 Sing Along with Lydia 10:30 Snack and Social 12:00 Lunch Date with Lisbet 2:00 Sorting, and Matching 3:15 Sip and Snack 4:00 Noodle Ball 5:00 Dinner 7:30 Evening Snack		
Daylight Saving Time Begins 8 8:00 Breakfast of Champions 10:30 Snack and Social 12:00 Lunch Date with Lisbet 2:00 Bean Bag Toss 3:15 Sip and Snack 4:30 Sing Along with Lydia 5:00 Dinner 6:00 Sunday Spa Treatment 7:30 Evening Snack	8:00 Breakfast of Champions 9 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 2:00 Table Games 3:15 Sip and Snack 4:30 Hollywood Stars 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 10 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 2:00 Bingo 3:15 Sip and Snack 3:30 Time Slips with Brie 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 11 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 2:00 Table Games 3:15 Sip and Snack 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 12 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 1:30 Table Games 2:00 Painting / Create/ and Connect 3:15 Sip and Snack 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 13 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 1:00 Noodle Ball 2:00 Places A-Z 3:00 Music Therapy with Chelsea 3:15 Sip and Snack 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 14 10:30 Sing Along with Lydia 10:30 Snack and Social 12:00 Lunch Date with Lisbet 2:00 Sorting, and Matching 3:15 Sip and Snack 4:00 Noodle Ball 5:00 Dinner 7:30 Evening Snack		
8:00 Breakfast of Champions 15 10:30 Snack and Social 12:00 Lunch Date with Lisbet 2:00 Bean Bag Toss 3:15 Sip and Snack 4:00 Bingo Social 4:30 Sing Along with Lydia 5:00 Dinner 6:00 Sunday Spa Treatment 7:30 Evening Snack	8:00 Breakfast of Champions 16 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 2:00 Table Games 3:15 Sip and Snack 4:00 Temple Beth Tora Singers 4:30 Hollywood Stars 5:00 Dinner 7:30 Evening Snack	St. Patrick's Day 17 8:00 Breakfast of Champions 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 2:00 Bingo 3:15 Sip and Snack 4:00 Creative Writing /Story Telling 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 18 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 2:00 Table Games 3:15 Sip and Snack 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 19 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 1:30 Table Games 2:00 Painting / Create/ and Connect 3:15 Sip and Snack 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 20 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 1:00 Noodle Ball 2:00 Places A-Z 3:00 Music Therapy with Chelsea 3:15 Sip and Snack 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 21 10:30 Sing Along with Lydia 10:30 Snack and Social 12:00 Lunch Date with Lisbet 2:00 Sorting, and Matching 3:15 Sip and Snack 4:00 Noodle Ball 5:00 Dinner 7:30 Evening Snack		
8:00 Breakfast of Champions 22 10:30 Snack and Social 12:00 Lunch Date with Lisbet 2:00 Bean Bag Toss 3:15 Sip and Snack 4:00 Bingo Social 5:00 Dinner 6:00 Sunday Spa Treatment 7:30 Evening Snack	8:00 Breakfast of Champions 23 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 2:00 Table Games 3:15 Sip and Snack 4:30 Hollywood Stars 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 24 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 2:00 Celebrating March 3:15 Sip and Snack 4:00 Creative Writing /Story Telling 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 25 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 2:00 Table Games 3:15 Sip and Snack 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 26 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 1:30 Table Games 2:00 Painting / Create/ and Connect 2:00 Scenic Ride 3:15 Sip and Snack 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 27 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 1:00 Noodle Ball 2:00 Places A-Z 3:00 Music Therapy with Chelsea 3:15 Sip and Snack 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 28 10:30 Sing Along with Lydia 10:30 Snack and Social 12:00 Lunch Date with Lisbet 2:00 Sorting, and Matching 3:15 Sip and Snack 4:00 Noodle Ball 5:00 Dinner 7:30 Evening Snack		
8:00 Breakfast of Champions 29 10:30 Snack and Social 12:00 Lunch Date with Lisbet 2:00 Bean Bag Toss 3:15 Sip and Snack 4:00 Bingo Social 5:00 Dinner 6:00 Sunday Spa Treatment 7:30 Evening Snack	8:00 Breakfast of Champions 30 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 2:00 Table Games 3:15 Sip and Snack 4:30 Hollywood Stars 5:00 Dinner 7:30 Evening Snack	8:00 Breakfast of Champions 31 10:30 Snack and Social 11:00 Exercise , Dance, & Movement 12:00 Lunch Date with Lisbet 2:00 Bingo 3:15 Sip and Snack 4:00 Creative Writing /Story Telling 5:00 Dinner 7:30 Evening Snack	Lisbet Memory Care Peace of Mind... All Ways& Always  LISBET HEALTH CENTER WELLINGTON BAY			2550 Wellington Bay Dr Wellington, FL 33414 (561) 423-9056		"The meeting of preparation with opportunity generates the offspring we call luck." — Anthony Robbins