

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2:30 Exercise and Stretch with Lydia: 3rd Floor Fitness Room 1</p> <p>4:30 Piano music while you dine.</p> <p>6:30 BINGO ,BINGO ,BINGO: 3rd Floor Game Room</p>	<p>10:00 St Rita's Catholic Church Communion Service: 2nd Floor Library 2</p> <p>10:00 Total Body Tune-Up 3rd Floor Fitness Room</p> <p>10:30 Mind Fitness 3rd Floor Fitness Room</p> <p>2:00 Cardio Drumming & Motown Music with Melissa:3rd Floor Fitness Room</p> <p>3:00 Rummy and Rummy Q, Learn and Play: Skyview Dining</p> <p>3:30 Happy Hour at Sky View Dining</p> <p>4:00 Hot Topics and Other News at Skyview Dining</p>	<p>10:00 Mind-Body Renewal with Life Enrichment 3rd Floor Exercise Room 3</p> <p>10:30 Today's Topics and Discussion: 3rd Floor Fitness Room</p> <p>1:30 Create with paint, paper, and markers 2nd Floor Art Room</p> <p>2:00 Lisbet Goes "Shopping" The Wellington Bay Bus and staff will assist you with your shopping needs.</p> <p>3:00 Facts in Five and Common Bonds 1st Floor Living Room</p> <p>5:15 Dining to music by Lydia: Lakeside Dining</p> <p>6:30 Calling All Bingo Players: 3rd Floor Game Room</p>	<p>10:00 Cardio Drumming on the 3rd Floor Fitness Room 4</p> <p>10:30 Today's Topics for Discussion:3rd Floor Fitness Room</p> <p>1:30 Karaoke Dance Party 1st Floor Living Room</p> <p>3:00 Thinklers (A Collection of Brain Ticklers) Skyview Dining</p> <p>3:30 Happy Hour at Sky View Dining</p> <p>4:00 Shake Loose a Memory Game: Sky View Dining</p>	<p>10:00 Sit and Be Fit with Laura on the 3rd Floor Fitness Room 5</p> <p>10:30 Today's Topics for Discussion: 3rd Floor Fitness Room</p> <p>11:00 Flower arranging for our dining room</p> <p>11:30 Ambassadors Lunch</p> <p>2:00 Mirror Me with Melissa</p> <p>3:00 New Resident and Ambassador Meet & Greet</p> <p>3:30 Lifelong Learning with Laura: Discussion and exploration of various dance forms 1st Floor Living Room Dance Series</p>	<p>10:00 Chair Yoga and Mindful Meditation 3rd Floor Fitness Room 6</p> <p>10:30 Today's Topics for Discussion: 3rd Floor Fitness Room</p> <p>2:00 Inspired by Music with Chelsea on the 1st Floor Living Room</p> <p>3:30 Happy Hour at Skyview Dining</p> <p>4:00 Corn Hole at Happy Hour: Sky View Dining</p>	<p>10:00 Dance, Movement and Beyond with Life Enrichment 3rd Floor Fitness Room 7</p> <p>11:30 Piano music by Lydia as you dine Lakeside Dining</p> <p>1:30 Movies and Popcorn: 4th Floor Viewing Room</p> <p>2:00 Saturday BINGO with Lydia on the 3rd Floor</p> <p>3:30 Happy Hour at Lisbet Sky View Dining</p>
<p>Daylight Saving Time Begins 8</p> <p>2:00 Lisbet Big Word Challenge :</p> <p>2:30 Exercise and Stretch with Lydia: 3rd Floor Fitness Room</p> <p>3:30 Temple Beth Tora Singers: Lake Side Dining</p> <p>5:00 Piano Music as you dine: Lakeside Dining</p> <p>6:30 BINGO ,BINGO ,BINGO: 3rd Floor Game Room</p>	<p>10:00 St Rita's Catholic Church Communion Service: 2nd Floor Library 9</p> <p>10:30 Mind Fitness 3rd Floor Fitness Room</p> <p>2:00 Cardio Drumming & Motown Music with Melissa:3rd Floor Fitness Room</p> <p>3:00 Rummy and Rummy Q, Learn and Play: Skyview Dining</p> <p>3:30 Happy Hour SkyView Dining</p> <p>4:00 Hot Topics and Other News at Skyview Dining</p>	<p>10:00 Mind-Body Renewal with Life Enrichment 3rd Floor Exercise Room 10</p> <p>10:30 Today's Topics and Discussion: 3rd Floor Fitness Room</p> <p>1:30 Create with paint, paper, and markers 2nd Floor Art Room</p> <p>2:00 Cooking Demonstration: Sky View Dining</p> <p>2:00 Lisbet Goes "Shopping" The Wellington Bay Bus and staff will assist you with your shopping needs.</p> <p>5:15 Dining to music by Lydia: Lakeside Dining</p> <p>6:30 Calling All Bingo Players: 3rd Floor Game Room</p>	<p>10:00 Cardio Drumming on the 3rd Floor Fitness Room 11</p> <p>10:30 Today's Topics for Discussion:3rd Floor Fitness Room</p> <p>2:00 Living it up on the 1st Floor Living Room with Friends</p> <p>3:00 Thinklers (A Collection of Brain Ticklers) Skyview Dining</p> <p>3:30 Happy Hour at Sky View Dining</p> <p>4:00 Shake Loose a Memory Game: Sky View Dining</p>	<p>10:00 Sit and Be Fit : 3rd Floor Fitness 12</p> <p>10:30 Today's Topics for Discussion: 3rd Floor Fitness Room</p> <p>1:30 My Favorite Broadway: The Leading Ladies Movie: 4th Floor Media Room</p> <p>3:30 Lifelong Learning: Fun Facts and your favorite memories on the 1st Floor Living Room</p> <p>4:30 Dining to Music by Lydia: Lake Side Dining</p> <p>6:30 Bingo , Bingo ,Bingo :3rd Floor Game Room</p>	<p>10:00 Chair Yoga and Mindful Meditation 3rd Floor Fitness Room 13</p> <p>10:30 Today's Topics for Discussion: 3rd Floor Fitness Room</p> <p>2:00 Inspired by Music with Chelsea on the 1st Floor Living Room</p> <p>3:00 Creating a Collage of Love at the Art Room</p> <p>3:30 Happy Hour at Skyview Dining</p> <p>4:00 Corn Hole at Happy Hour: Sky View Dining</p> <p>7:00 Shabbat Service:1st Floor Living Room</p>	<p>10:00 Dance, Movement and Beyond with Life Enrichment 3rd Floor Fitness Room 14</p> <p>11:30 Piano music by Lydia as you dine Lakeside Dining</p> <p>1:30 Movies and Popcorn: 4th Floor Viewing Room</p> <p>2:00 Saturday BINGO with Laura on the 3rd Floor</p> <p>3:30 Happy Hour at Lisbet Sky View Dining</p>
<p>10:15 Lord of the Dance on Video : 1st Floor Living Room 15</p> <p>11:30 Piano music by the talented Sarvesh: Lakeside Dining</p> <p>2:30 Exercise and Stretch with Lydia: 3rd Floor Fitness Room</p>	<p>10:00 St Rita's Catholic Church Communion Service: 2nd Floor Library 16</p> <p>10:30 Mind Fitness 3rd Floor Fitness Room</p> <p>2:00 Cardio Drumming & Motown Music with Melissa:3rd Floor Fitness Room</p> <p>3:00 Rummy and Rummy Q, Learn and Play: Skyview Dining</p> <p>3:30 Happy Hour SkyView Dining</p> <p>4:00 Hot Topics and Other News at Skyview Dining</p>	<p>St. Patrick's Day 17</p> <p>10:00 Mind-Body Renewal with Life Enrichment 3rd Floor Exercise Room</p> <p>10:30 Today's Topics and Discussion: 3rd Floor Fitness Room</p> <p>1:30 Create with paint, paper, and markers 2nd Floor Art Room</p> <p>2:00 Lisbet Goes "Shopping" The Wellington Bay Bus and staff will assist you with your shopping needs.</p> <p>4:00 Resident Council Board Members Meeting : 4th Floor Skyview Dining</p> <p>4:30 Destination Dining to Ireland with music by Lydia: Lakeside Dining</p> <p>6:30 Calling All Bingo Players: 3rd Floor Game Room</p>	<p>10:00 Cardio Drumming on the 3rd Floor Fitness Room 18</p> <p>11:30 Lunch Bunch</p> <p>1:30 Karaoke Dance Party 1st Floor Living Room</p> <p>3:00 Men's Group: March Madness</p> <p>3:00 Thinklers (A Collection of Brain Ticklers) Skyview Dining</p> <p>3:30 Happy Hour at Sky View Dining</p> <p>4:00 Shake Loose a Memory Game: Sky View Dining</p>	<p>10:00 Sit and Be Fit : 3rd Floor Fitness 19</p> <p>10:30 Today's Topics for Discussion: 3rd Floor Fitness Room</p> <p>11:00 Flower arranging for our dining room</p> <p>2:00 Town Hall Meeting: Lakeview Dining</p> <p>3:00 Lifelong Learning with Laura: Travel to Ireland</p> <p>4:30 Dining to Music by Lydia: Lake Side Dining</p> <p>6:30 Bingo , Bingo ,Bingo :3rd Floor Game Room</p>	<p>10:00 Chair Yoga and Mindful Meditation 3rd Floor Fitness Room 20</p> <p>10:30 Today's Topics for Discussion: 3rd Floor Fitness Room</p> <p>2:00 Inspired by Music with Chelsea on the 1st Floor Living Room</p> <p>3:30 Happy Hour at Skyview Dining</p> <p>4:00 Corn Hole at Happy Hour: Sky View Dining</p>	<p>10:00 Dance, Movement and Beyond with Life Enrichment 3rd Floor Fitness Room 21</p> <p>11:30 Piano music by Lydia as you dine Lakeside Dining</p> <p>2:00 March Madness Bingo: 3rd Floor Game Room</p> <p>3:30 Happy Hour at Lisbet Sky View Dining</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>11:00 Lisbet Big Word Challenge : 22</p> <p>2:30 Exercise and Stretch with Lydia: 3rd Floor Fitness Room</p> <p>3:30 Crosswords, Sudoku, & Word Find at the Cafe'</p> <p>3:30 Wet Your Whistle Ice Cream Sodas at the Cafe'</p> <p>6:30 BINGO ,BINGO ,BINGO: 3rd Floor Game Room</p>	<p>10:00 St Rita's Catholic Church 23 Communion Service: 2nd Floor Library</p> <p>10:30 Mind Fitness 3rd Floor Fitness Room</p> <p>2:00 Cardio Drumming & Motown Music with Melissa:3rd Floor Fitness Room</p> <p>3:00 Rummy and Rummy Q, Learn and Play: Skyview Dining</p> <p>3:30 Happy Hour SkyView Dining</p> <p>4:00 Hot Topics and Other News at Skyview Dining</p>	<p>10:00 Mind-Body Renewal with Life Enrichment 3rd Floor Exercise Room 24</p> <p>10:30 Todays Topics and Discussion: 3rd Floor Fitness Room</p> <p>1:30 Create with paint, paper, and markers2nd Floor Art Room</p> <p>2:00 Lisbet Goes "Shopping" The Wellington Bay Bus and staff will assist you with your shopping needs.</p> <p>3:00 Facts in Five and Common Bonds 1st Floor Living Room</p> <p>3:30 Brie with the Key Mind Fit on the 1st Floor Living Room [1LR]</p> <p>5:15 Dining to music by Lydia: Lakeside Dining</p> <p>6:30 Calling All Bingo Players: 3rd Floor Game Room</p>	<p>10:00 Cardio Drumming on the 3rd Floor Fitness Room 25</p> <p>10:30 Today's Topics for Discussion:3rd Floor Fitness Room</p> <p>2:00 Binaca's Birthday Bash , Celebrating March Birthdays 4th Floor Sky View Dining</p> <p>3:00 Thinklers (A Collection of Brain Ticklers) Skyview Dining</p> <p>3:30 Happy Hour at Sky View Dining</p> <p>4:00 Shake Loose a Memory Game: Sky View Dining</p>	<p>10:00 Sit and Be Fit : 3rd Floor Fitness 26</p> <p>10:30 Today's Topics for Discussion: 3rd Floor Fitness Room</p> <p>1:30 Movie Classics: My Fair Lady 4th Floor Media Room</p> <p>2:30 Lifelong Learning: Women making a difference:1st Floor Living Room</p> <p>2:30 Lifelong Learning: Fun Facts and your favorite memories on the 1st Floor Living Room</p> <p>3:30 Puzzles Trivia at the Cafe'</p> <p>4:00 Throwback Thursday, checking out items from our past. Meet us at the Cafe'</p> <p>4:30 Dining to Music by Lydia: Lake Side Dining</p> <p>6:30 Bingo , Bingo ,Bingo :3rd Floor Game Room</p>	<p>10:00 Chair Yoga and Mindful Meditation 3rd Floor Fitness Room 27</p> <p>10:30 Today's Topics for Discussion: 3rd Floor Fitness Room</p> <p>2:00 Inspired by Music with Chelsea on the 1st Floor Living Room</p> <p>3:00 Creating a Collage of Love at the Art Room</p> <p>3:30 Happy Hour at Skyview Dining</p> <p>4:00 Corn Hole at Happy Hour: Sky View Dining</p> <p>7:00 Shabbat Service:1st Floor Living Room</p>	<p>10:00 Dance, Movement and Beyond with Life Enrichment 3rd Floor Fitness Room 28</p> <p>11:30 Piano music by Lydia as you dine Lakeside Dining</p> <p>1:30 Movie Classics: Black Beauty 4th Floor Viewing Room</p> <p>3:30 Happy Hour at Lisbet Sky View Dining</p> <p>6:30 Saturday BINGO with Laura on the 3rd Floor</p>	
<p>11:30 Piano Music by Lydia as you dine: Sky View Dining 29</p> <p>1:00 Movie Musical: Jesus Crust Super Star:4th Floor Media Room</p> <p>2:30 Exercise and Stretch with Lydia: 3rd Floor Fitness Room</p> <p>3:30 Wet Your Whistle Ice Cream Sodas at the Cafe'</p>	<p>10:00 St Rita's Catholic Church 30 Communion Service: 2nd Floor Library</p> <p>10:30 Mind Fitness 3rd Floor Fitness Room</p> <p>2:00 Cardio Drumming & Motown Music with Melissa:3rd Floor Fitness Room</p> <p>3:00 Rummy and Rummy Q, Learn and Play: Skyview Dining</p> <p>3:30 Happy Hour SkyView Dining</p> <p>4:00 Hot Topics and Other News at Skyview Dining</p>	<p>10:00 Mind-Body Renewal with Life Enrichment 3rd Floor Exercise Room 31</p> <p>10:30 Todays Topics and Discussion: 3rd Floor Fitness Room</p> <p>1:30 Create with paint, paper, and markers2nd Floor Art Room</p> <p>2:00 Lisbet Goes "Shopping" The Wellington Bay Bus and staff will assist you with your shopping needs.</p> <p>5:15 Dining to music by Lydia: Lakeside Dining</p> <p>6:30 Calling All Bingo Players: 3rd Floor Game Room</p>	 LISBET HEALTH CENTER AT WELLINGTON BAY			<p>2550 Wellington Bay Dr Wellington, FL 33414 (561) 423-9056</p>	

