



At Lisbet we love to sing,
dance, & party!



Lisbet at Wellington Bay

2550 Wellington Bay Dr
Wellington, FL 33414

September Highlights

Labor Day Lunch with Lydia Monday September 2, 2024
11:30a.m.-1:30p.m.

Take Out Tuesday on the 4th floor
September 10, 2024 at noon

Cards with the Cohens
Tuesday September 3, 2024 at 3p.m. &
Tuesday September 17, 2024 at 3p.m.

Every Saturday Piano music by Lydia at 11:30a.m.-1p.m.

Monthly Birthday Celebration with Gary
Thursday September 19, 2024
at 2p.m.

Lunch Bunch Outing
Monday September 23, 2024 at 11:30


Honor Portraits of Lisbet Veterans
Wednesday September 25, 2024
10:30a.m.-1p.m.

Symphonies for Seniors
Saturday September 28, 2024
3:00p.m.



September 2024
AL Monthly Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div>11:00 Scavenger Hunt Thru Lisbet</div> <div>1:30 How many Words can you make out of the word: EMPLOYMENT</div> <div>2:00 BINGO</div> <div>3:00 Dominoes, cards, and Rummy Q in the Lobby</div> <div>1</div>	<div>Labor Day</div> <div>10:00 Occupation word scramble</div> <div>11:30 Labor Day Lunch with music by Lydia.</div> <div>2:30 Let's meet for Table Games</div> <div>6:30 Classical Concert Series</div> <div>2</div>	<div>11:15 Seated Yoga-Lates with Melissa</div> <div>2:00 Name Game and Expressions Game</div> <div>3:00 Bridge and conversation with the Cohens</div> <div>3:00 Talk & Trivia</div> <div>3</div>	<div>11:15 Sit & Dance with Lori</div> <div>2:00 Everyone Loves Bingo!</div> <div>3:30 Creating Greeting Cards for our Pen Pals</div> <div>6:00 Table Games, Cards, Dominoes, Chess & Checkers</div> <div>4</div>	<div>11:15 Mindful Movement with Melissa</div> <div>1:30 Cardio Drumming with Melissa!</div> <div>3:00 Games of Skill, Chance and Fun for all.</div> <div>4:00 Hot Topic, Current Events, and Trivia</div> <div>5</div>	<div>11:15 Exercise your Mind, & Body, with Lori</div> <div>1:30 Open Gym with Hannah</div> <div>2:00 Everyone Loves Bingo!</div> <div>3:30 Root Beer Floats</div> <div>6:30 Netflix series: Hollywood</div> <div>6</div>	<div>11:00 Table Tennis / Ping Pong [1LR]</div> <div>11:30 Piano music by Lydia as you dine</div> <div>3:30 Pen, Paper & Puzzles</div> <div>6:00 Enjoy a movie or series from our Netflix Collection</div> <div>7</div>	
<div>11:00 Mindful Meditation</div> <div>2:00 BINGO</div> <div>3:30 Crosswords, Sudoku, & Word Find</div> <div>6:00 Enjoy a movie or series from our Netflix Collection</div> <div>8</div>	<div>11:15 Functional Fitness with Hannah</div> <div>1:30 Cornhole with Hannah</div> <div>2:00 Let's meet for Bridge</div> <div>2:00 Talk and Trivia on the TV</div> <div>6:30 Classical Concert Series</div> <div>9</div>	<div>11:15 Seated Yoga-Lates with Melissa</div> <div>12:00 Take Out Tuesday: Reservations needed</div> <div>2:00 Movie & Popcorn</div> <div>6:30 Creative Coloring & Conversation</div> <div>10</div>	<div>11:15 Sit & Dance with Lori</div> <div>2:00 Everyone Loves Bingo!</div> <div>4:00 What Happened on this day in History</div> <div>6:30 Game Shows</div> <div>11</div>	<div>11:15 Mindful Movement with Melissa</div> <div>1:30 Nature Walk & Talk with Melissa!</div> <div>2:00 Flower arranging for our dining room</div> <div>3:30 Two Truths & a Lie, Fact or Fiction</div> <div>12</div>	<div>11:15 Exercise your Mind, & Body, with Lori</div> <div>2:00 Everyone Loves Bingo!</div> <div>3:30 Mocktails and conversation</div> <div>6:30 Netflix series: Hollywood</div> <div>13</div>	<div>11:00 Exercise with friends</div> <div>11:30 Piano music by Lydia as you dine</div> <div>2:30 Table Games and puzzles</div> <div>6:00 Enjoy a movie or series from our Netflix Collection</div> <div>14</div>	
<div>1:30 How many Words can you make out of the word: PHOTOGRAPHY</div> <div>2:00 BINGO</div> <div>3:00 Dominoes, cards, and Rummy Q in the Lobby</div> <div>15</div>	<div>11:15 Functional Fitness with Hannah</div> <div>1:30 Table Tennis with Hannah</div> <div>2:00 Talk and Trivia on the TV</div> <div>2:30 Let's meet for Table Games</div> <div>16</div>	<div>11:15 Seated Yoga-Lates with Melissa</div> <div>2:00 Alzheimer's Support Group</div> <div>2:00 Name Game and Expressions Game</div> <div>3:00 Bridge and conversation with the Cohens</div> <div>17</div>	<div>11:15 Sit & Dance with Lori</div> <div>2:00 Everyone Loves Bingo!</div> <div>3:30 Creating Greeting Cards for our Pen Pals</div> <div>3:30 Dominoes</div> <div>6:30 Travel Log</div> <div>18</div>	<div>11:15 Exercise & Dance all from a seated position. Join Lori for some fun!!</div> <div>1:30 Cardio Drumming with Melissa!</div> <div>2:00 Celebrate September Birthdays with Gary</div> <div>19</div>	<div>11:15 Exercise your Mind, & Body, with Lori</div> <div>1:30 Open Gym with Hannah</div> <div>2:00 Everyone Loves Bingo!</div> <div>3:30 Sing Along</div> <div>6:30 Netflix series: Hollywood</div> <div>20</div>	<div>11:00 Table Tennis / Ping Pong [1LR]</div> <div>11:30 Piano music by Lydia as you dine</div> <div>3:30 Pen, Paper & Puzzles</div> <div>3:30 Walking Club [B]</div> <div>6:00 Enjoy a movie or series from our Netflix Collection</div> <div>21</div>	
<div>11:00 Mindful Meditation</div> <div>2:00 BINGO</div> <div>3:30 Crosswords, Sudoku, & Word Find</div> <div>6:00 Enjoy a movie or series from our Netflix Collection</div> <div>6:30 Rummy Q</div> <div>22</div>	<div>11:15 Functional Fitness with Hannah</div> <div>11:30 Lunch Bunch Outing</div> <div>1:30 Cornhole with Hannah</div> <div>3:00 Talk & Trivia , Common Bonds</div> <div>3:30 Pen, Paper, & Puzzles</div> <div>6:30 Classical Concert Series</div> <div>23</div>	<div>11:15 Seated Yoga-Lates with Melissa</div> <div>2:00 Resident Town Hall Meeting</div> <div>2:00 Today in History [1LR]</div> <div>6:30 Creative Coloring & Conversation</div> <div>24</div>	<div>Honor Portraits</div> <div>11:15 Sit & Dance with Lori</div> <div>2:00 Everyone Loves Bingo!</div> <div>3:30 Sing Along</div> <div>4:00 What Happened on this day in History</div> <div>25</div>	<div>11:15 Mindful Movement with Melissa</div> <div>1:30 Joe's Blockbuster Movie Pick</div> <div>1:30 Nature Walk & Talk with Melissa!</div> <div>3:30 Puzzles</div> <div>4:00 Throwback Thursday</div> <div>26</div>	<div>11:15 Exercise your Mind, & Body, with Lori</div> <div>1:30 Open Gym with Hannah</div> <div>2:00 Everyone Loves Bingo!</div> <div>3:30 Baking Cookies</div> <div>6:30 Netflix series: Hollywood</div> <div>27</div>	<div>11:00 Exercise with friends</div> <div>11:30 Piano music by Lydia as you dine</div> <div>3:00 Symphonies for Seniors</div> <div>6:00 Enjoy a movie or series from our Netflix Collection</div> <div>28</div>	
<div>1:30 How many Words can you make out of the word: CONSTITUTION</div> <div>2:00 BINGO</div> <div>3:00 Dominoes, cards, and Rummy Q in the Lobby</div> <div>29</div>	<div>11:15 Functional Fitness with Hannah</div> <div>1:30 Table Tennis with Hannah</div> <div>2:00 Talk and Trivia on the TV</div> <div>2:30 Let's meet for Table Games</div> <div>30</div>	<div>Peace of Mind... All ways and always... Lisbet Assisted Living</div>		<div> LISBET HEALTH CENTER AT WELLINGTON BAY</div>		<div>Welcome Roger C. Happy Birthday Bob H. 9/5 Doug H. 9/26</div>	<div>Lisbet Health Center Concierge 561-423-9056</div>