

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>LISBET HEALTH CENTER WELLINGTON BAY</p>			<p>10:00 Cardio Drumming on the 3rd Floor Exercise Room 1</p> <p>11:00 Calendar Review: Bringing the Newsletter and Calendar to you</p> <p>1:30 Karaoke Dance Party 1st Floor Living Room</p> <p>2:30 Big Word, & other Word Games in the 1st Floor Living Room</p> <p>3:00 Creating Greeting Cards for our Pen Pals Art Room</p> <p>3:30 Happy Hour at Sky View Dining</p> <p>4:00 Bowling on the 4th Floor</p>	<p>Yom Kippur 2</p> <p>10:00 Sit and Be Fit with Laura on the 3rd floor Fitness Room</p> <p>11:00 Flower arranging for our dining room</p> <p>1:30 Learn to play, Rummy Q, Dominoes, and other table games 3rd Floor Game Rooms.</p> <p>2:30 Lifelong Learning Fall Series: Discussion and Exploration of October events and holidays 1st Floor Living Room</p> <p>3:30 Sip & Paint Creative Arts on the 2nd floor Art Room</p> <p>4:00 Corn Hole practice on the patio</p>	<p>10:00 Chair Yoga and Mindful Meditation 3rd floor exercise room 3</p> <p>1:30 Bridge, Rummy Q, and Dominoes 2nd Floor Family Room</p> <p>2:00 Inspired by Music 1st Floor Living Room</p> <p>3:00 Calling all Bingo Players 3rd Floor Game Room</p> <p>3:30 Happy Hour at Sky View Dining</p> <p>4:00 Bowling for Lisbet Alympics on the 4th Floor</p> <p>4:00 Sing Along & Snacks at Sky View Dining</p>	<p>10:00 Scavenger Hunt Through Lisbet: Sheets are at the Front Desk 4</p> <p>11:30 Piano music by Lydia as you dine Lakeside Dining</p> <p>1:30 Blockbuster Movie & Popcorn: Young Frankenstein :A Mel Brooks classic</p> <p>1:30 Bridge on the 2nd floor Library</p> <p>2:00 Flower Power and Creative Arts on the 2nd Floor Art Room</p>
<p>11:00 Scavenger Hunt Thru Lisbet 5</p> <p>11:30 Piano music by the talented Sarvesh!</p> <p>1:30 Bridge on the 2nd floor Family Room</p> <p>2:00 Calling all Bingo Players to the 3rd Floor Game Room</p> <p>3:30 Wet Your Whistle Ice Cream Sodas at the Cafe'</p> <p>6:00 Blockbuster Movie & Popcorn : The Witches of Eastwick * Staring Jack Nicholson, Cher, Susan Sarandon, & Michelle Pfeiffer</p>	<p>10:00 St Rita's Catholic Church Communion Service 6</p> <p>10:00 Total Body Tune-Up with Laura 3rd floor Fitness Room</p> <p>10:30 Start your steps now for the Lisbets Alympics!!Meet on the 4th floor</p> <p>11:30 Alympic Lunch</p> <p>2:30 Point Of View: Weigh in your POV. various current events. 1st floor LR</p> <p>3:30 Happy Hour at Sky View Dining</p> <p>4:00 Alympic Corn Hole: 4th Floor Hallway</p> <p>4:00 Hot topics and other news at Skyview Dining</p>	<p>10:00 Mind-Body Renewal with Life Enrichment 3rd floor Exercise room 7</p> <p>10:30 Alympic Bean Bag Toss :3rd Floor Fitness room</p> <p>1:30 Bridge Players Meet at the Library</p> <p>1:30 Creating Art! 2nd Floor Art Room</p> <p>2:00 Lifelong Learning : The origin of words and sayings</p> <p>2:00 Lisbet Goes" Shopping " The Wellington Bay Bus and staff will assist you with your shopping needs.</p> <p>2:30 Facts in Five and Common Bonds 1st Floor Living Room</p> <p>6:30 Alympic Bingo 3rd Floor Game Room</p> <p>7:30 Sunset on the Patio</p>	<p>10:00 Cardio Drumming on the 3rd Floor Exercise Room 8</p> <p>10:30 Alympians join us to kick off Lisbet's Alzheimer's Walk: Lobby</p> <p>1:30 Bridge with Stormy : 2nd Floor Library</p> <p>2:00 Living it up on the 1stfloor Livingroom with Friends</p> <p>3:00 Alympic Words and Puzzles :Sky View Dining</p> <p>3:30 Happy Hour at Sky View Dining</p> <p>4:00 What Happened on this day in History</p>	<p>10:00 Sit and Be Fit with Laura on the 3rd floor Fitness Room 9</p> <p>10:30 Alympic Balloon Noodle Ball 3rd Floor Fitness Room</p> <p>11:00 Garden & grow, tending to our flowers Stand up Garden Back Patio</p> <p>1:30 Learn to play, Rummy Q, Dominoes, and other table games 3rd Floor Game Rooms.</p> <p>2:00 Movie & Popcorn: Olympic Movie on the 4th Floor Movie Room</p> <p>3:30 Sip & Paint Creative Arts on the 2nd floor Art Room</p> <p>4:00 Alympic Bowling on the 4th Floor Hallway</p>	<p>10:00 Chair Yoga and Mindful Meditation 3rd floor exercise room 10</p> <p>11:00 Alympic Bean Bag Toss on the Patio</p> <p>1:30 Bridge, Rummy Q, and Dominoes 2nd Floor Family Room</p> <p>2:00 Inspired by Music 1st Floor Living Room</p> <p>3:00 Creating a Collage of Love at the Art Room</p> <p>3:30 Happy Hour at Sky View Dining</p> <p>4:00 Alympic Closing and Award Ceremonies :Skyview Dining</p> <p>7:00 Shabbat Service Lakeside Dining</p>	<p>10:00 Percussion Fitness 3rd Floor exercise room 11</p> <p>11:30 Piano music by Lydia as you dine Lakeside Dining</p> <p>1:30 Bridge on the 2nd floor Library</p> <p>2:00 Life Long Learning Fall Series: Discussion and Exploration of October events and festivals.</p> <p>2:30 Table Games and puzzles</p> <p>3:30 Happy Hour at Lisbet Cafe</p>
<p>1:30 Bridge on the 2nd floor Family Room 12</p> <p>2:00 Fun and Fitness on the Third Floor</p> <p>3:30 Crosswords, Sudoku, & Word Find at the Cafe'</p> <p>3:30 Wet Your Whistle Ice Cream Sodas at the Cafe'</p> <p>6:30 Calling all Bingo Players to the 3rd Floor Game Room</p>	<p>Columbus Day 13</p> <p>10:00 St Rita's Catholic Church Communion Service</p> <p>10:00 Total Body Tune-Up 3rd Floor Fitness Room</p> <p>2:00 Motown Moves with the Wellness team on the 3rd floor exercise room</p> <p>2:30 Point Of View: Weigh in your POV. various current events. 1st floor LR</p> <p>3:00 Meet Pastor Frank from Grace Fellowship 1st Floor Living Room</p> <p>3:30 Happy Hour at Sky View Dining</p> <p>4:00 Hot topics and other news at Skyview Dining</p>	<p>10:00 Mind-Body Renewal with Life Enrichment 3rd floor Exercise room 14</p> <p>11:00 Learning "New" Table Games at the Game Room on the 3rd floor</p> <p>1:30 Bridge Players Meet at the Library</p> <p>1:30 Creating Art! 2nd Floor Art Room</p> <p>2:00 Lisbet Goes" Shopping " The Wellington Bay Bus and staff will assist you with your shopping needs.</p> <p>3:30 Palm Beach County Book Club in a Bag</p> <p>6:00 Spaghetti Bonza Bingo Sky View Dining</p>	<p>10:00 Cardio Drumming on the 3rd Floor Exercise Room 15</p> <p>10:00 Dining Experience Meeting with the Chef Lakeside Dining</p> <p>11:00 Lunch Bunch at Flangians</p> <p>1:30 Karaoke Dance Party 1st Floor Living Room</p> <p>2:30 Big Word, & other Word Games in the 1st Floor Living Room</p> <p>3:00 Creating Greeting Cards for our Pen Pals Art Room</p> <p>3:30 Happy Hour at Sky View Dining</p> <p>4:00 The Question Is? Sky View on the 4th Floor</p>	<p>10:00 Sit and Be Fit with Laura on the 3rd floor Fitness Room 16</p> <p>11:00 Flower arranging for our dining room</p> <p>11:00 Record your memories, Share your insight, for the next generation .</p> <p>1:30 Learn to play, Rummy Q, Dominoes, and other table games 3rd Floor Game Rooms.</p> <p>2:00 Town Hall Meeting</p> <p>3:00 Sip & Paint Creative Arts on the 2nd floor Art Room</p> <p>4:00 Harry Getzoff Education Series 1st floor Living Room</p>	<p>10:00 Chair Yoga and Mindful Meditation 3rd floor exercise room 17</p> <p>1:30 Bridge, Rummy Q, and Dominoes 2nd Floor Family Room</p> <p>2:00 Inspired by Music 1st Floor Living Room</p> <p>3:00 Apple Treats and Fall Creations at Skyview Dining 4th Floor</p> <p>3:30 Happy Hour at Sky View Dining</p> <p>4:00 Sing Along & Snacks at Sky View Dining</p> <p>6:30 Calling all Bingo Players 3rd Floor Game Room</p>	<p>10:00 Percussion Fitness 3rd Floor exercise room 18</p> <p>11:30 Piano music by Lydia as you dine Lakeside Dining</p> <p>1:00 Flower arranging and creating.</p> <p>1:30 Bridge on the 2nd floor Library</p> <p>2:00 Bingo , Bingo Bingo on the 3rd Floor Game room</p> <p>3:30 Apple Cider & Apple Facts at the Cafe'</p>

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11:30 Piano music by the talented Sarvesh! 1:00 Big Word and other Word Games on the Wipe Board at the Lobby 1:30 Bridge on the 2nd floor Family Room 2:00 Fun and Fitness on the Third Floor 3:30 Wet Your Whistle Ice Cream Sodas at the Cafe' 6:30 Calling all Bingo Players to the 3rd Floor Game Room	10:00 St Rita's Catholic Church Communion Service 10:00 Total Body Tune-Up 3rd Floor Fitness Room 2:00 Motown Moves with the Wellness team on the 3rd floor exercise room 2:30 Point Of View: Weigh in your POV. various current events. 1st floor LR 3:30 Happy Hour at Sky View Dining 4:00 Hot topics and other news at Skyview Dining	10:00 Mind-Body Renewal with Life Enrichment 3rd floor Exercise room 11:00 Learning "New" Table Games at the Game Room on the 3rd floor 1:30 Bridge Players Meet at the Library 1:30 Creating Art! 2nd Floor Art Room 2:00 Lisbet Goes" Shopping " The Wellington Bay Bus and staff will assist you with your shopping needs. 2:30 Facts in Five and Common Bonds 1st Floor Living Room 4:00 Outdoor games, Trivia and Riddles 6:30 Calling all Bingo Players 3rd Floor Game Room 7:30 Sunset on the Patio	10:00 Cardio Drumming on the 3rd Floor Exercise Room 10:00 Patio Chat and Trivia Outside Courtyard Weather permitting 1:30 Bridge with Stormy : 2nd Floor Library 2:00 Living it up on the 1stfloor Livingroom with Friends 3:30 Happy Hour at Sky View Dining 4:00 What Happened on this day in History	10:00 Sit and Be Fit with Laura on the 3rd floor Fitness Room 11:00 Garden & grow, tending to our flowers Stand up Garden Back Patio 1:30 Blockbuster Movie Pick 2:00 October Birthday Party with Music by Garth Bright 3:30 Sip & Paint Creative Arts on the 2nd floor Art Room 4:00 Throwback Thursday, checking out items from our past. Meet us at the Cafe'	9:00 Beach Day at Phil Foster Park 10:00 Chair Yoga and Mindful Meditation 3rd floor exercise room 10:00 Inspired by Music 1st Floor Living Room 11:00 Garden & Grow, Tending to our Garden on the Back Patio 1:30 Bridge, Rummy Q, and Dominoes 2nd Floor Family Room 3:00 Creating a Collage of Love at the Art Room 3:30 Happy Hour at Sky View Dining 7:00 Shabbat Service Lakeside Dining	10:00 Percussion Fitness 3rd Floor exercise room 11:00 Girl Scout Troop Halloween Visit 11:30 Piano music by Lydia as you dine Lakeside Dining 1:30 Bridge on the 2nd floor Library 2:00 Bingo, Bingo, Bingo on the 3rd Floor Game Room 2:30 Table Games and puzzles 3:30 Happy Hour at Lisbet Cafe
1:30 Bridge on the 2nd floor Family Room 2:00 Fun and Fitness on the Third Floor 3:30 Crosswords, Sudoku, & Word Find at the Cafe' 3:30 Puzzles Trivia at the Cafe' 3:30 Wet Your Whistle Ice Cream Sodas at the Cafe' 6:30 Calling all Bingo Players to the 3rd Floor Game Room	10:00 St Rita's Catholic Church Communion Service 10:00 Total Body Tune-Up 3rd Floor Fitness Room 2:00 Motown Moves with the Wellness team on the 3rd floor exercise room 2:30 Point Of View: Weigh in your POV. various current events. 1st floor LR 3:30 Happy Hour at Sky View Dining 4:00 Common Bonds & Trivia 4:00 Hot topics and other news at Skyview Dining	10:00 Mind-Body Renewal with Life Enrichment 3rd floor Exercise room 11:00 Learning "New" Table Games at the Game Room on the 3rd floor 1:30 Bridge Players Meet at the Library 1:30 Creating Art! 2nd Floor Art Room 2:00 Lisbet Goes" Shopping " The Wellington Bay Bus and staff will assist you with your shopping needs. 6:30 Calling all Bingo Players 3rd Floor Game Room 7:30 Sunset on the Patio	10:00 Cardio Drumming on the 3rd Floor Exercise Room 1:30 Karaoke Dance Party 1st Floor Living Room 2:30 Big Word, & other Word Games in the 1st Floor Living Room 3:00 Pumpkin Patch, and decorating fun on the 4th Floor Skyview Dining 3:30 Happy Hour at Sky View Dining 4:00 The Question Is? Sky View on the 4th Floor	10:00 Sit and Be Fit with Laura on the 3rd floor Fitness Room 2:00 Common Bonds and Trivia 2:30 Lifelong Learning Fall Series: Discussion and Exploration of October events and holidays 1st Floor Living Room 3:30 Sip & Paint Creative Arts on the 2nd floor Art Room 5:00 Bridge on the 2nd floor Library	Halloween 10:00 Chair Yoga and Mindful Meditation 3rd floor exercise room 10:00 Inspired by Music 1st Floor Living Room 12:00 Halloween Parade at Lakeside dining 1:30 Bridge, Rummy Q, and Dominoes 2nd Floor Family Room 2:00 Halloween Party Lake Side Dining 3:30 Happy Hour at Sky View Dining 6:30 Calling all Bingo Players 3rd Floor Game Room	2550 Wellington Bay Dr Wellington, FL 33414 (561) 423-9056

