

# November 2025 AL Monthly Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>November cont'd</b> <b>30</b></p> <p>1:30 Bridge on the 2nd Floor Family Room 2:30 Fun and Fitness on the Third Floor 3:30 Wet Your Whistle Ice Cream Sodas at the Cafe' 6:30 Calling all Bingo Players to the 3rd Floor Game Room</p>	<p><b>LISBET HEALTH CENTER</b> AT WELLINGTON BAY</p>	<p><b>Happy Birthday</b> Eva H. 11/5 Rochelle B. 11/5 Joe W. 11/12 Bill K. 11/16 Dian K. 11/20 Elsie M. 11/20 Marilyn W. 11/21</p>	<p><b>Welcome Home</b> Rochelle B George R. Captain B. Janet G. Cindy S. Estelle E. Eva H.</p>	<p><b>"It is not happy people who are thankful, it is thankful people who are happy."</b> — Unknown</p>	<p><b>Lisbet Health Center Concierge</b> <b>561-423-9056</b></p>	<p><b>1</b></p> <p>10:30 Exercise with Hadassah 11:30 Piano music by Lydia as you dine Lakeside Dining 1:30 Bogie &amp; Bacall Movie &amp; Popcorn on the 4th Floor Media Room 1:30 Bridge on the 2nd floor Library 2:00 Bingo ,Bingo, Bingo 3rd Floor Game Room 5:30 Sunset on the Back Patio</p>
<p><b>2</b></p> <p>Daylight Saving Time Begins Shopping at Wellington Bay (transportation provided) 10a.m.-3p.m. 11:00 Scavenger Hunt Thru Lisbet 11:30 Piano music by the talented Sarvesh! 1:30 Bridge on the 2nd Floor Family Room 2:30 Fun and Fitness on the Third Floor 3:30 Wet Your Whistle Ice Cream Sodas at the Cafe'</p>	<p><b>3</b></p> <p>10:00 St Rita's Catholic Church Communion Service 10:00 Total Body Tune-Up 3rd Floor Fitness Room 2:00 Cardio Drumming &amp; Motown Music with Melissa on the 3rd floor exercise room 2:30 Point Of View: Weigh in your POV. Various current events Floor LR 3:00 Bible Study with Pastor Frank Ingram from Grace Fellowship: 1st Floor Living Room 3:30 Happy Hour at Sky View Dining 4:00 Hot topics and other news at Skyview Dining</p>	<p><b>4</b></p> <p>Election Day 10:00 Mind-Body Renewal with Life Enrichment 3rd Floor Exercise Room 11:00 Learning "New" Table Games at the Game Room on the 3rd floor 1:30 Bridge Players Meet at the Library 1:30 Creating Art! 2nd Floor Art Room 2:00 Lisbet Goes "Shopping" The Wellington Bay Bus and staff will assist you with your shopping needs. 3:00 Facts in Five and Common Bonds 1st Floor Living Room 5:30 Sunset on the Patio 6:30 Calling all Bingo Players 3rd Floor Game Room</p>	<p><b>5</b></p> <p>10:00 Cardio Drumming on the 3rd Floor Exercise Room 11:00 Enjoying Fall in Florida with a walk around our Back Patio 1:30 Karaoke Dance Party 1st Floor Living Room 2:30 Big Word, &amp; other Word Games in the 1st Floor Living Room 3:00 Creating Greeting Cards for our Pen Pals Art Room 3:30 Happy Hour at Sky View Dining 4:00 Open Mic and Sing Along at Sky View Dining</p>	<p><b>6</b></p> <p>10:00 Sit and Be Fit with Laura on the 3rd floor Fitness Room 11:00 Flower arranging for our dining room 1:30 Learn to play, Rummy Q, Dominoes, and other table games 3rd Floor Game Rooms. 2:30 Lifelong Learning Fall Series: Discussion and Exploration of November events and holidays 1st Floor Living Room 3:30 Sip &amp; Paint Creative Arts on the 2nd floor Art Room</p>	<p><b>7</b></p> <p>10:00 Chair Yoga and Mindful Meditation 3rd Floor Exercise Room 11:00 Stretch&amp; Chat on the Back Patio 1:30 Bridge, Rummy Q, and Dominoes 2nd Floor Family Room 2:00 Inspired by Music with Chelsea on the 1st Floor Living Room 2:30 Pizza "Fun" Raiser for Alzheimer's at the Cafe' 3:30 Happy Hour at Sky View Dining 4:00 Corn Hole at Happy Hour: Sky View Dining 6:30 Calling all Bingo Players 3rd Floor Game Room</p>	<p><b>8</b></p> <p>10:00 Percussion Fitness 3rd Floor Exercise Room 11:30 Piano music by Lydia as you dine Lakeside Dining 1:30 Bridge on the 2nd floor Library 2:00 Table Games and Puzzles at the Cafe' 2:30 Creating a Thankful Tree and words of Gratitude at the Art room 2nd Floor 3:30 Happy Hour at Lisbet Cafe 5:30 Sunset on the Back Patio</p>
<p><b>9</b></p> <p>1:30 Bridge on the 2nd Floor Family Room 2:30 Fun and Fitness on the Third Floor 3:30 Crosswords, Sudoku, &amp; Word Find at the Cafe' 3:30 Wet Your Whistle Ice Cream Sodas at the Cafe' 6:30 Calling all Bingo Players to the 3rd Floor Game Room</p>	<p><b>10</b></p> <p>10:00 St Rita's Catholic Church Communion Service 10:00 Total Body Tune-Up 3rd Floor Fitness Room 2:00 Cardio Drumming &amp; Motown Music with Melissa on the 3rd floor exercise room 2:30 Point Of View: Weigh in your POV. Various current events Floor LR 3:00 Bible Study with Pastor Frank Ingram from Grace Fellowship: 1st Floor Living Room 3:30 Happy Hour at Sky View Dining 4:00 Hot topics and other news at Skyview Dining</p>	<p><b>11</b></p> <p>Veterans Day 10:00 Mind-Body Renewal with Life Enrichment 3rd Floor Exercise Room 11:00 Thanking our Veterans with Coffee and Cookies at the Cafe' 11:30 Patriotic Music while you Dine at Lakeside Dining 1:30 Color Guard Celebration and an American Sing Along 2:00 Lisbet Goes "Shopping" The Wellington Bay Bus and staff will assist you with your shopping needs. 3:30 Brie with the Key Talk and Trivia on the 1st Floor Living Room [1LR] 6:30 Calling all Bingo Players 3rd Floor Game Room</p>	<p><b>12</b></p> <p>10:00 Cardio Drumming on the 3rd Floor Exercise Room 11:00 Enjoying Fall in Florida with a walk around our Back Patio 1:30 Bridge with Stormy : 2nd Floor Library 2:00 Living it up on the 1st Floor Living Room with Friends 3:30 Happy Hour at Sky View Dining 4:00 What Happened on this Day in History</p>	<p><b>13</b></p> <p>10:00 Sit and Be Fit with Laura on the 3rd floor Fitness Room 11:00 Garden &amp; grow, tending to our flowers Stand up Garden Back Patio 1:30 Learn to play, Rummy Q, Dominoes, and other table games 3rd Floor Game Rooms. 2:30 Creating a Thankful Tree and words of Gratitude at the Art room 2nd Floor 2:30 Lifelong Learning: Thanksgiving Fun Facts and your favorite memories on the 1st Floor Living Room 3:30 Sip &amp; Paint Creative Arts on the 2nd floor Art Room</p>	<p><b>14</b></p> <p>10:00 Chair Yoga and Mindful Meditation 3rd Floor Exercise Room 11:00 Garden &amp; Grow, Tending to our Garden on the Back Patio 11:00 Stretch&amp; Chat on the Back Patio 1:30 Bridge, Rummy Q, and Dominoes 2nd Floor Family Room 2:00 Inspired by Music with Chelsea on the 1st Floor Living Room 3:30 Happy Hour at Sky View Dining 4:00 Corn Hole at Happy Hour: Sky View Dining 6:30 Bingo, Bingo, Bingo on the 3rd Floor Game Room 7:00 Shabbat Service Lakeside Dining</p>	<p><b>15</b></p> <p>10:30 Exercise with Hadassah 11:30 Piano music by Lydia as you dine Lakeside Dining 1:30 Bogie &amp; Bacall Movie &amp; Popcorn on the 4th Floor Media Room 1:30 Bridge on the 2nd floor Library 5:30 Sunset on the Back Patio</p>
<p><b>16</b></p> <p>11:30 Piano music by the talented Sarvesh! 1:30 Bridge on the 2nd Floor Family Room 2:30 Fun and Fitness on the Third Floor 3:30 Wet Your Whistle Ice Cream Sodas at the Cafe' 6:30 Calling all Bingo Players to the 3rd Floor Game Room</p>	<p><b>17</b></p> <p>10:00 St Rita's Catholic Church Communion Service 10:00 Total Body Tune-Up 3rd Floor Fitness Room 2:00 Cardio Drumming &amp; Motown Music with Laura on the 3rd floor exercise room 2:30 Point Of View: Weigh in your POV. Various current events Floor LR 3:00 Bible Study with Pastor Frank Ingram from Grace Fellowship: 1st Floor Living Room 3:30 Happy Hour at Sky View Dining 4:00 Hot topics and other news at Skyview Dining</p>	<p><b>18</b></p> <p>10:00 Mind-Body Renewal with Life Enrichment 3rd Floor Exercise Room 11:00 Learning "New" Table Games at the Game Room on the 3rd floor 1:30 Bridge Players Meet at the Library 1:30 Creating Art! 2nd Floor Art Room 2:00 Lisbet Goes "Shopping" The Wellington Bay Bus and staff will assist you with your shopping needs. 3:30 Brie with the Key Talk and Trivia on the 1st Floor Living Room [1LR] 4:00 Outdoor games, Trivia and Riddles 5:30 Sunset on the Patio 6:30 Calling all Bingo Players 3rd Floor Game Room</p>	<p><b>19</b></p> <p>10:00 Cardio Drumming on the 3rd Floor Exercise Room 10:00 Dining Experience Meeting with the Chef Lakeside Dining 11:00 Enjoying Fall in Florida with a walk around our Back Patio 11:00 Lunch Bunch to Olive Garden: Meet in the Lobby 1:30 Karaoke Dance Party 1st Floor Living Room 2:30 Big Word, &amp; other Word Games in the 1st Floor Living Room 3:00 Creating Greeting Cards for our Pen Pals Art Room 3:30 Happy Hour at Sky View Dining 4:00 Open Mic and Sing Along at Sky View Dining</p>	<p><b>20</b></p> <p>10:00 Sit and Be Fit with Laura on the 3rd floor Fitness Room 11:00 Record your memories, Share your insight, for the next generation . 1:30 Learn to play, Rummy Q, Dominoes, and other table games 3rd Floor Game Rooms. 2:00 Town Hall Meeting 3:30 Creating a Thankful Tree and words of Gratitude at the Art room 2nd Floor 4:00 Bowling on the 4th Floor Hallway</p>	<p><b>21</b></p> <p>10:00 Chair Yoga and Mindful Meditation 3rd Floor Exercise Room 11:00 Stretch&amp; Chat on the Back Patio 1:30 Bridge, Rummy Q, and Dominoes 2nd Floor Family Room 2:00 Inspired by Music with Chelsea on the 1st Floor Living Room 3:30 Happy Hour at Sky View Dining 4:00 Corn Hole at Happy Hour: Sky View Dining 6:30 Calling all Bingo Players 3rd Floor Game Room</p>	<p><b>22</b></p> <p>10:30 Exercise with Hadassah 11:30 Piano music by Lydia as you dine Lakeside Dining 1:30 Bogie &amp; Bacall Movie &amp; Popcorn on the 4th Floor Media Room 1:30 Bridge on the 2nd floor Library 2:30 Table Games and puzzles 5:30 Sunset on the Back Patio</p>
<p><b>23</b></p> <p>1:30 Bridge on the 2nd Floor Family Room 2:30 Fun and Fitness on the Third Floor 3:30 Crosswords, Sudoku, &amp; Word Find at the Cafe' 3:30 Wet Your Whistle Ice Cream Sodas at the Cafe' 6:30 Calling all Bingo Players to the 3rd Floor Game Room</p>	<p><b>24</b></p> <p>10:00 St Rita's Catholic Church Communion Service 10:00 Total Body Tune-Up 3rd Floor Fitness Room 2:00 Cardio Drumming &amp; Motown Music with Melissa on the 3rd floor exercise room 2:30 Point Of View: Weigh in your POV. Various current events Floor LR 3:00 Bible Study with Pastor Frank Ingram from Grace Fellowship: 1st Floor Living Room 3:30 Happy Hour at Sky View Dining 4:00 Common Bonds &amp; Trivia 4:00 Hot topics and other news at Skyview Dining</p>	<p><b>25</b></p> <p>10:00 Mind-Body Renewal with Life Enrichment 3rd Floor Exercise Room 11:00 Learning "New" Table Games at the Game Room on the 3rd floor 1:30 Bridge Players Meet at the Library 1:30 Creating Art! 2nd Floor Art Room 2:00 Lisbet Goes "Shopping" The Wellington Bay Bus and staff will assist you with your shopping needs. 3:00 Facts in Five and Common Bonds 1st Floor Living Room 5:30 Sunset on the Patio 6:30 Calling all Bingo Players 3rd Floor Game Room</p>	<p><b>26</b></p> <p>10:00 Cardio Drumming on the 3rd Floor Exercise Room 11:00 Patio Chat and Trivia Outside Courtyard Weather permitting 1:30 Bridge with Stormy : 2nd Floor Library 1:30 Karaoke Dance Party 1st Floor Living Room 2:00 Living it up on the 1st Floor Living Room with Friends 3:30 Happy Hour at Sky View Dining 3:30 Puzzles Trivia at the Cafe' 4:00 Open Mic and Sing Along at Sky View Dining</p>	<p><b>27</b></p> <p>Thanksgiving 9:30 Macys Day Parade on the 1st Floor Living Room 10:30 Turkey Trot Walking Club around Lisbet 2:00 Turkey Bingo on the 3rd Floor Game Room 4:30 Thanksgiving Dinner and Music at Lakeside Dining</p>	<p><b>28</b></p> <p>10:00 Chair Yoga and Mindful Meditation 3rd Floor Exercise Room 11:00 Stretch&amp; Chat on the Back Patio 1:30 Bridge, Rummy Q, and Dominoes 2nd Floor Family Room 2:00 Inspired by Music with Chelsea on the 1st Floor Living Room 3:00 Creating a Collage of Love at the Art Room 3:30 Happy Hour at Sky View Dining 4:00 Corn Hole at Happy Hour: Sky View Dining 7:00 Shabbat Service Lakeside Dining</p>	<p><b>29</b></p> <p>10:00 Percussion Fitness 3rd Floor Exercise Room 10:30 Exercise with Hadassah 11:30 Piano music by Lydia as you dine Lakeside Dining 1:30 Bogie &amp; Bacall Movie &amp; Popcorn on the 4th Floor Media Room 1:30 Bridge on the 2nd floor Library 2:30 Bingo,Bingo , Bingo on the 3rd Floor Game Room 5:30 Sunset on the Back Patio</p>

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