



## Creative Crafts

11/2 at 1:30

11/7 at 1:30

11/8 at 2:30

11/22 at 2:30

11/29 at 1:30

We will be making fall and holiday decorations, as well as designing our own cards!

Exercise on your own or join a class, 2 floors of fitness fun!

**Happy Birthday!**  
**Bill K.**

**Welcome to Lisbet**  
**Danielle E.**  
**Bill K.**  
**Zofia K.**  
**Donny R.**  
**Carl S**



November  
2023

## Lisbet at Wellington Bay

2590 Wellington Bay Dr  
Wellington, FL 33414

## Musical Highlights

Wednesday 11/1 Sing-a-long with Shelly

Thursday 11/9 Music by Lydia

Tuesday 11/14 Saxophone player Kenny B

Thursday 11/23 Music by Lydia

Tuesday 11/28 Birthday Party Music by  
Alfonzo

**Bistro Bunch**  
**Monday -Friday with drink**  
**specials on Wet Your Whistle**  
**Wednesdays**

**Thanksgiving Holiday Dining**  
**Thursday November 23, 2023**  
**4:30p.m. -6:00p.m.**  
**\$30.00 /per guest**  
**Reservations by 11/20/2023**





November 2023  
AL Monthly Calendar



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div></div><div></div></div><div>LISBET HEALTH CENTER</div><div>AT</div><div>WELLINGTON BAY</div></div></div>				<div>Peace of Mind... All Ways and Always</div> <div>Lisbet Assisted Living</div>		<div><div>11:00 Scavenger Hunt [1LR]</div><div>1:30 Bird watching ! [1LR]</div><div>2:30 Outdoor Stretch [CT]</div><div>3:00 Sing -A- Long with Shelly!</div><div>3:45 Wet your whistle Wednesday! [B]</div><div>4:00 Talk &amp; Trivia</div><div>6:30 Biography on Netflix [1LR]</div></div> <div>1</div>		<div><div>12:30 Active Games: Indoors or out. Let's have some fun as we exercise! [2CC]</div><div>1:30 Crafts</div><div>3:15 Bistro Bunch : Snacks &amp; Conversation [B]</div><div>4:00 Puzzles, Table Games and Music [1LR]</div><div>6:30 Movie &amp; Popcorn [1LR]</div></div> <div>2</div>		<div><div>11:00 Health &amp; Wellness [2CC]</div><div>1:30 Bingo ! [1LR]</div><div>3:15 Bistro Bunch : Snacks &amp; Conversation [B]</div><div>4:00 Family Feud, &amp; Twenty Questions</div><div>6:30 Netflix Series: The Crown [1LR]</div></div> <div>3</div>		<div><div>11:00 Table Tennis / Ping Pong [2LR]</div><div>1:30 Where in the World are You? [B]</div><div>3:30 Pen, Paper &amp; Puzzles [1LR]</div><div>6:30 Table Games, and games of chance.</div></div> <div>4</div>	
<div>Daylight Saving Time Begins</div> <div><div>1:00 Walking Club</div><div>1:30 Hot Topic, Current Events, and Trivia [B]</div><div>3:00 Sports Line Up [1LR]</div><div>6:30 Suits (Netflix TV Series) [1LR]</div></div> <div>5</div>		<div><div>11:00 Sit and Be Fit</div><div>1:30 Dominoes [B]</div><div>3:15 Bistro Bunch : Snacks &amp; Conversation [B]</div><div>4:30 Tabletop Puzzle [1LR]</div><div>6:30 Monday Musical</div></div> <div>6</div>		<div><div>Election Day</div><div>11:00 Health &amp; Wellness [2CC]</div><div>1:30 Holiday Card Crafting</div><div>3:15 Bistro Bunch : Snacks &amp; Conversation [B]</div><div>4:00 Name Game [B]</div><div>6:30 Movie &amp; Popcorn [1LR]</div></div> <div>7</div>		<div><div>11:00 Garden and Grow [CT]</div><div>1:30 Ping Pong and Parlor Games [2LR]</div><div>2:30 Crafting fall decorations</div><div>3:15 Wet your whistle Wednesday! [B]</div><div>4:00 This Day in History [B]</div><div>6:30 Game Shows [1LR]</div></div> <div>8</div>		<div><div>11:00 Active Games and Exercise [2CC]</div><div>1:30 Crossword Puzzles and Word Games [B]</div><div>3:15 Bistro Bunch : Snacks &amp; Conversation [B]</div><div>3:30 Sing a Long with Lydia [B]</div><div>6:30 Movie &amp; Popcorn [1LR]</div></div> <div>9</div>		<div><div>11:00 Health &amp; Wellness [2CC]</div><div>1:30 Bingo ! [1LR]</div><div>3:15 Bistro Bunch : Snacks &amp; Conversation [B]</div><div>4:00 Wall of Honor : Celebrating our Veterans [B]</div><div>6:45 Shabbatt Services</div></div> <div>10</div>		<div><div>Veterans Day</div><div>11:00 Exercise with friends [2CC]</div><div>1:30 Veterans day cookies and coffee! [B]</div><div>3:30 Rummy Q [1LR]</div><div>6:30 Netflix Concert on TV [1LR]</div></div> <div>11</div>	
<div><div>1:00 Exploring Lisbet, Walking indoors or out</div><div>1:30 Create &amp; Share [1LR]</div><div>3:30 Mindful Meditation</div><div>6:30 Suits (Netflix TV Series) [1LR]</div></div> <div>12</div>		<div><div>11:00 Exercise your mind and body [B]</div><div>1:30 Musical Concert on Netflix</div><div>3:15 Bistro Bunch : Snacks &amp; Conversation [B]</div><div>4:30 Walking Club [1LR]</div><div>6:30 Radio City Music Hall Special</div></div> <div>13</div>		<div><div>11:00 Health &amp; Wellness [2CC]</div><div>3:00 Entertainment by Saxaphone player Kenny B [2LR]</div><div>3:15 Bistro Bunch : Snacks &amp; Conversation [B]</div><div>6:30 Movie &amp; Popcorn [1LR]</div></div> <div>14</div>		<div><div>11:00 Sit &amp; Be Fit [2CC]</div><div>1:30 Bingo !</div><div>2:30 Outdoor Stretch [CT]</div><div>3:15 Wet your whistle Wednesday! [B]</div><div>4:00 Talk &amp; Trivia</div><div>6:30 Dominoes [1LR]</div></div> <div>15</div>		<div><div>10:30 Coffee &amp; Conversation [B]</div><div>1:30 Active Games: Indoors or out. Let's have some fun as we exercise! [2CC]</div><div>3:15 Bistro Bunch : Snacks &amp; Conversation [B]</div><div>4:00 Spot Light : Your Story</div><div>6:30 Movie &amp; Popcorn [1LR]</div></div> <div>16</div>		<div><div>11:00 Health &amp; Wellness [2CC]</div><div>2:00 Rummikub [B]</div><div>3:15 Bistro Bunch : Snacks &amp; Conversation [B]</div><div>4:00 Word Games</div><div>6:30 Netflix Series: The Crown [1LR]</div></div> <div>17</div>		<div><div>11:00 Table Tennis / Ping Pong [2LR]</div><div>1:30 Where in the World are You? [B]</div><div>3:30 Pen, Paper &amp; Puzzles [1LR]</div><div>6:30 Table Games, and games of chance.</div></div> <div>18</div>	
<div><div>1:00 Big Word [B]</div><div>1:30 Hot Topic, Current Events, and Trivia [B]</div><div>4:00 Chess , Checkers, and parlor games</div><div>6:30 Suits (Netflix TV Series) [1LR]</div></div> <div>19</div>		<div><div>11:00 Sit and Be Fit</div><div>1:30 Netflix: Biography on TV [1LR]</div><div>3:15 Bistro Bunch : Snacks &amp; Conversation [B]</div><div>4:00 What's my Line / 20 questions [B]</div><div>6:30 Monday Musical on TV [1LR]</div></div> <div>20</div>		<div><div>11:00 Health &amp; Wellness [2CC]</div><div>1:30 Movie Picks ,&amp; Outing trips for next month [1LR]</div><div>3:15 Bistro Bunch : Snacks &amp; Conversation [B]</div><div>4:30 Walking Club</div><div>6:30 Movie &amp; Popcorn [1LR]</div></div> <div>21</div>		<div><div>11:00 Garden and Grow [CT]</div><div>1:30 Thankful Tree [B]</div><div>2:30 Crafting Holiday decorations</div><div>3:15 Wet your whistle Wednesday! [B]</div><div>4:00 This Day in History [B]</div><div>6:30 Rummy Q [1LR]</div></div> <div>22</div>		<div><div>Thanksgiving</div><div>10:30 Macy's Day Parade on TV</div><div>11:00 Exercise your mind and Body [2CC]</div><div>12:30 Football ! Green Bay Packers vs Detroit Lions [1LR]</div><div>2:00 BINGO [1LR]</div><div>4:30 Thanksgiving dinner with all the trimmings &amp; music by Lydia</div><div>6:30 Movie &amp; Popcorn [1LR]</div></div> <div>23</div>		<div><div>11:00 Health &amp; Wellness [2CC]</div><div>1:15 Classical concert on TV [1LR]</div><div>3:15 Bistro Bunch : Snacks &amp; Conversation [B]</div><div>3:30 Pen &amp; Paper Games</div><div>6:30 Rummy Q [1LR]</div></div> <div>24</div>		<div><div>11:00 Exercise with friends [2CC]</div><div>1:30 Rummy Q &amp; Table Games [1LR]</div><div>4:00 Charades [1LR]</div><div>6:30 Netflix Concert on TV [1LR]</div></div> <div>25</div>	
<div><div>1:00 Exploring Lisbet, Walking indoors or out</div><div>1:30 Create &amp; Share [1LR]</div><div>3:30 Mindful Meditation</div><div>4:30 Puzzles</div><div>6:30 Suits (Netflix TV Series) [1LR]</div></div> <div>26</div>		<div><div>11:00 Exercise your mind and body [B]</div><div>1:30 Monday Musical on TV</div><div>3:15 Bistro Bunch : Snacks &amp; Conversation [B]</div><div>4:00 Questions out of a Hat [1LR]</div><div>6:30 The Magicians : Netflix series [1LR]</div></div> <div>27</div>		<div><div>11:00 Health &amp; Wellness [2CC]</div><div>2:00 Resident Town Hall Meeting</div><div>3:00 November Birthday Party with Alfonso</div><div>6:30 Movie &amp; Popcorn [1LR]</div></div> <div>28</div>		<div><div>11:00 Sit &amp; Be Fit [2CC]</div><div>1:30 Creating Holiday Decorations [B]</div><div>2:30 Outdoor Stretch [CT]</div><div>3:15 Wet your whistle Wednesday! [B]</div><div>6:30 Movie &amp; Popcorn [1LR]</div></div> <div>29</div>		<div><div>11:00 Exercise and Stretch [2CC]</div><div>1:30 Active Games indoors or out : Let's have some fun as we exercise!</div><div>3:15 Bistro Bunch , snacks and conversation</div><div>4:15 The Name Game</div><div>6:30 Movie &amp; Popcorn [1LR]</div></div> <div>30</div>		<div><div><div>Happy Birthday</div><div>Bill K. 11/16</div><div>Welcome to Lisbet</div><div>Danielle E</div><div>Bill K</div><div>Carl S</div><div>Donny R</div><div>Zofia K</div></div><div><div>Location Keys</div><div>1st Living Room1LR</div><div>2nd Community Center2CC</div><div>2nd Living Room2LR</div><div>BistroB</div><div>CourtyardCT</div></div></div>			