



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 LISBET HEALTH CENTER WELLINGTON BAY	Happy Birthday Marylin E. May 10 Zofia K. May10 Hudith H. May 11 Clarence G May12 Lois D. May 16 Nancy E. May 19 Judith W. May 29	2550 Wellington Bay Dr Wellington, FL 33414 (561) 423-9056	9:30 Indoor Walking Club 1	10:00 Inspired by Music 2	11:00 Chair Exercise and Dance on the 3rd Floor exercise room 3	
			10:00 Lake Lisbet Wildlife Count	11:00 Exercise your Mind & Body	11:30 Piano music by Lydia as you dine	
			10:45 Sit and Be Fit with Hannah	2:00 Create Your Hat for the Derby	2:00 Lisbet at Wellington Bay Derby Game	
			2:00 Exploring the Florida Keys [1LR]	3:00 Kentucky Derby betting odds, favorites, post and position information.	2:30 Hat Party for Happy Hour!	
			3:30 Garden And Grow and Flower Design	3:30 Happy Hour at Lisbet Lobby	3:30 Kentuckey Derby Happy Hour	
			4:30 St Michael Lutheran Church and Temple Beth torah will be joining us for National Day of Prayer Diner	4:00 Sing Along & Snacks	4:00 Kentucky Derby Mint Mocktails	
				6:30 Bingo		
Star Wars Day 4	10:00 St Rita's Catholic Church Communion Service 5	10:00 Count your Steps with Laura 6	10:00 Getting our steps in.. Walking 7	9:30 Indoor Walking Club 8	10:00 Inspired by Music for Life Enrichment 9	11:00 Chair Exercise and Dance on the 3rd Floor exercise room 10
11:00 Sunday Stretch to Star Wars Music	10:00 Walking Club	10:45 Sit and Dance with Lori :3rd floor exercise room	10:45 Mind Body Movement with Melissa 3rd Floor Exercise room	10:00 Garden & grow, tending to our flowers	11:00 Exercise your Mind & Body	1:30 Big Word and other Word Games
2:00 Calling all Bingo Players to the 3rd floor	10:45 Functional Fitness with Hannah	2:00 Facts in Five and Common Bonds in the Lobby	1:30 Karaoke Dance Party [1LR]	10:45 Sit and Be Fit with Hannah	2:30 Mother's Day Tea and Fashion Show	2:30 Table Games and puzzles
3:30 May the Force be with You walking club	2:00 Music Movement & Fitness Fun	3:00 Learn with Laura "Rummiekue"	3:30 Creating Greeting Cards for our Pen Pals	12:30 Josie's Timeless Trinkets and Jewelry for sale	3:30 Happy Hour at Lisbet Lobby	3:30 Happy Hour at Lisbet Cafe
4:00 Big Word challenge and other word games	2:30 Let's meet for Table Games	6:30 Calling all Bingo Players 3rd Floor Game Room	3:30 Happy Hour at Lisbet Lobby	2:00 Pop Quiz and Popsicles on the Patio	4:00 Dillard's Fashions for Sale	4:00 Happy Hour Tri Stands Starters
	3:30 Cinco De Mayo Happy Hour	7:30 Sunset on the Patio	4:00 The Question Is?	3:30 Harry Getzov talk : Nat King Cole [1LR]	6:45 Shabbat service	6:00 Enjoy a movie or series from our Netflix Collection
	4:00 Margretta Mock Tails and Mexican Trivia					
10:30 Garden & Grow, Tending to Our Garden 11	10:00 St Rita's Catholic Church Communion Service 12	10:00 Back Porch Bird Watching, Binoculars supplied 13	10:00 Getting our steps in.. Walking 14	9:30 Indoor Walking Club 15	10:00 Inspired by Music for Life Enrichment 16	11:00 Chair Exercise and Dance on the 3rd Floor exercise room 17
11:00 Things my mother use to say and other stories	10:45 Functional Fitness with Hannah	10:45 Sit and Dance with Lori :3rd floor exercise room	10:45 Mind Body Movement with Melissa 3rd Floor Exercise room	10:00 Lake Lisbet Wildlife Count	11:00 Exercise your Mind & Body	11:30 Piano music by Lydia as you dine
2:00 Calling all Bingo Players	2:00 Music Movement & Fitness Fun	2:00 Travel with Laura to the islands of Hawaii	2:00 Living it up in the Lobby	10:45 Sit and Be Fit with Hannah	1:00 Bus Tour and Sightseeing	2:00 Talk & Trivia
3:30 Crosswords, Sudoku, & Word Find	3:00 Sing along with Laura	3:30 Palm Beach County Book Club in a Bag	3:30 Happy Hour at Lisbet Lobby	2:00 Town Hall Meeting: Your suggestions , concerns, and complements welcomed	2:00 Horseracing Lisbet Style, getting ready for the Preakness.	3:30 Happy Hour at Lisbet Cafe
4:30 Mothers' Day music while you dine	3:30 Happy Hour at Lisbet Lobby	6:30 Calling all Bingo Players 3rd Floor Game Room	4:00 What Happened on this day in History	3:00 Common Bonds and Trivia	3:30 Happy Hour at Lisbet Lobby	4:00 Preakness facts, and stats
	4:00 Hot topics and other news		5:00 Garden and Grown	3:30 Table Games	4:00 Sing Along & Snacks	6:00 Enjoy a movie or series from our Netflix Collection
					6:30 Bingo	



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 Stretch and Exercise to music 18 2:00 Calling all Bingo Players 3:00 Dominoes, cards, and Rummy Q in the Lobby 5:00 Garden and grow, tending to our plants 6:00 Enjoy a movie or series from our Netflix Collection	10:00 St Rita's Catholic Church Communion Service 19 10:00 Walking Club 10:45 Functional Fitness with Hannah 2:00 Music Movement & Fitness Fun 2:30 Let's meet for Table Games 3:30 Happy Hour at Lisbet Lobby 4:00 Hot topics and other news	10:00 Garden and grow, tending to our flowers 20 10:45 Sit and Dance with Lori :3rd floor exercise room 2:00 Facts in Five and Common Bonds in the Lobby 4:00 Outdoor games, Trivia and Riddles 6:30 Calling all Bingo Players 3rd Floor Game Room 7:30 Sunset on the Patio	10:00 Getting our steps in.. Walking 21 10:45 Mind Body Movement with Melissa 3rd Floor Exercise room 1:30 Karaoke Dance Party [1LR] 3:30 Happy Hour at Lisbet Lobby 3:30 Walking Club [B] 4:00 The Question Is?	9:30 Indoor Walking Club 22 10:00 Garden & grow, tending to our flowers 10:45 Sit and Be Fit with Hannah 1:30 Blockbuster Movie Pick 2:00 Celebrate May with Cake and Nanci Suzan, The little lady with the big voice! 4:00 Throwback Thursday	10:00 Inspired by Music for Life Enrichment 23 11:00 Exercise your Mind & Body 1:00 Blockbuster Movie on the 4th Floor 3:30 Happy Hour at Lisbet Lobby 4:00 Tri Top Table Trivia 6:00 Friday night Bingo 6:45 Shabbat service	10:30 Garden and grow, tending to our garden 24 11:00 Chair Exercise and Dance on the 3rd Floor exercise room 2:00 Karaoke Dance Party 3:30 Happy Hour at Lisbet Cafe 4:00 Table Top Trivia at Happy Hour
10:30 Garden and grow, tending to our garden 25 11:00 Mindful Meditation 2:00 Calling all Bingo Players 3:30 Crosswords, Sudoku, & Word Find 6:00 Enjoy a movie or series from our Netflix Collection	10:00 St Rita's Catholic Church Communion Service 26 10:45 Functional Fitness with Hannah 11:30 Red, White and Blue Music as you dine 1:15 Red, White, & Blue Honor Guard Celebration 2:00 Music Movement & Fitness Fun 3:30 Happy Hour at Lisbet Lobby 4:00 Hot topics and other news	10:45 Sit and Dance with Lori :3rd floor exercise room 27 2:00 The History of the Scripts Spelling Bee and our Spelling Bee Challenge 3:30 Popsicles on the Patio 6:30 Calling all Bingo Players 3rd Floor Game Room 7:30 Sunset on the Patio	10:00 Getting our steps in.. Walking 28 10:45 Mind Body Movement with Melissa 3rd Floor Exercise room 11:00 Lunch Bunch 1:30 Mindful Meditation [1LR] 2:00 National Fitness Day 3:30 Happy Hour at Lisbet Lobby 4:00 Fitness Fun Facts	9:30 Indoor Walking Club 29 10:00 Lake Lisbet Wildlife Count 10:30 Garden and grow, tending to our flowers 10:45 Sit and Be Fit with Hannah 1:30 Blockbuster Movie on the 4th floor 4:00 Common Bonds and Trivia	10:00 Inspired by Music for Life Enrichment 30 11:00 Exercise your Mind & Body 2:00 Table Games and Trivia 3:30 Happy Hour at Lisbet Lobby 6:30 Bingo 8:00 Sunset on the Patio	11:00 Chair Exercise and Dance on the 3rd Floor exercise room 31 11:30 Piano music by Lydia as you dine 2:00 Karaoke Dance Party [1LR] 3:30 Happy Hour at Lisbet Cafe 6:00 Enjoy a movie or series from our Netflix Collection

