

Lisbet at Wellington Bay

May 2024

2550 Wellington Bay Dr
Wellington, FL 33414

May Highlights

Wednesday May 1, 10a.m. -2p.m.
Health & Wellness Fair
4th floor Skyview Dining

Thursday May 9, 3p.m.
Entertainment By Kenny "D"
Lakeside Dining

Sunday May 12, 4:30p.m. -6p.m.
Celebrate Mother's Day
Dinner & Music by Lydia

Sunday May 26, 11:30a.m. -1p.m.
Patriotic Music by Lydia

Thursday May 30, 3p.m.-4p.m.
May Birthday Blast with
Entertainment by Dave Deluca



May 2024
AL Monthly Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LISBET HEALTH CENTER WELLINGTON BAY	Happy Birthday Marlyn E. May 10 Zofia K. May 10 Clarence G. May 12 Joe S. May 13 Lois D. May 16 Nancy E. May 19 Mary C. May 25	Welcome Bob H. Rose Marie M. Dian K.	1 Health & Wellness Fair 10:00 A.M. - 2:00P.M. 11:00 Mind, body, and Spirt 2:00 Bingo & the Birds! [1LR] 3:30 Card Games and conversation 6:00 Table Games	2 11:00 Mindful Movement with Melissa 2:00 Painting to Music & Creative Cards [1LR] 3:00 Games of Skill, Chance and Fun for all 6:30 Movie & Popcorn [1LR]	3 11:00 Exercise your Body and Brain 1:30 Scavenger Hunt [1LR] 2:00 Bingo & the Birds! [1LR] 3:30 Hors d'oeuvres, snacks, and conversation 6:30 Netflix series: Hollywood [1LR]	4 Star Wars Day! 11:00 Table Tennis / Ping Pong [2LR] 1:30 Where in the World are You? [B] 3:30 Pen, Paper & Puzzles [1LR] 6:30 Patio Chat [CT]
	5 11:00 Scavenger Hunt Thru Lisbet 1:30 How many Words can you make out of the word MANDALORIAN [B] 3:00 Dominoes, cards, and Rummy Q in the Lobby 4:00 Walking Club	6 11:00 Functional Fitness with Melissa 1:30 Monday Matinée with Popcorn 3:30 Let's meet for cards! 4:00 Courtyard Chat 6:30 Netflix concert	7 Shopping Macy's Today at the Lisbet Lobby 1:30 P.M.-4:00 P.M. 11:00 Exercise your Body and Brain 2:00 Trivia & Games of Chance 3:00 Bridge with the Cohen's 6:30 Movie & Popcorn [1LR]	8 11:00 Mind, Body, and Spirt 1:30 Ping Pong and Parlor Games [2LR] 2:00 Bingo & the Birds! [1LR] 4:00 This Day in History [B] 6:30 Game Shows [1LR]	9 11:00 Mindful Movement with Melissa 1:30 Crossword Puzzles and Word Games [B] 2:00 Creating Hats [1LR] 3:00 Entertainment by Kenny "D" 6:30 Movie & Popcorn [1LR]	10 11:00 Exercise your Body and Brain 2:00 Bingo & the Birds! [1LR] 3:30 Hors d'oeuvres, snacks, and conversation 4:00 Hats on for a Hat Party 6:30 Shabbat Service
12 Mother's Day 1:30 Courtyard chat 3:30 Mindful Meditation 4:00 Exploring Lisbet 4:30 Mother's Day Dinner and Music by Lydia	13 11:00 Functional Fitness with Melissa 1:30 Monday Matinée with Popcorn 3:00 Questions and Answers, Trivia at its Best. 6:30 Netflix concert	14 11:00 Exercise your Body and Brain 1:30 Lisbet Ladies and Gentlemen's Book Club [1LR] 2:30 Dominoes, Rummy Q, Chess, Checkers, & Cards 6:30 Movie & Popcorn [1LR]	15 11:00 Mind, Body, and Spirt 2:00 Bingo & the Birds! [1LR] 3:30 Card Games and conversation 6:30 Dominoes, Rummy, Chess, Checkers, & Puzzles [1LR]	16 11:00 Exercise your Body and Mind with Lori 2:00 Common Bonds and Trivia 3:00 Games of Skill, Chance and Fun for all 6:30 Movie & Popcorn [1LR]	17 11:00 Exercise your Body and Brain 2:00 Bingo & the Birds! [1LR] 3:30 Hors d'oeuvres, snacks, and conversation 6:30 Netflix series: Hollywood [1LR]	18 11:00 Table Tennis / Ping Pong [2LR] 1:30 Where in the World are You? [B] 3:30 Pen, Paper & Puzzles [1LR] 6:30 Table Games, and games of chance.
19 10:30 Walking Lisbet 1:30 Big Word [B] 3:00 Dominoes, cards, and Rummy Q in the Lobby 6:30 Travel to National Parks [1LR]	20 11:00 Functional Fitness with Melissa 1:30 Monday Matinée with Popcorn 3:30 Let's meet for cards! 6:30 Netflix concert	21 11:00 Exercise your Body and Brain 2:00 Bridge with the Cohen's 2:00 Outdoor games and Trivia 3:30 Name Game [B] 6:30 Movie & Popcorn [1LR]	22 11:00 Mind, Body, and Spirt 2:00 Bingo & the Birds! [1LR] 4:00 What Happened on this day in History [B] 6:30 Rummy Q [1LR]	23 11:00 Mindful Movement with Melissa 2:00 Blast from the Past: 3:30 Pen, Paper, & Puzzles [B] 6:30 Movie & Popcorn [1LR]	24 11:00 Exercise your Body and Brain 2:00 Bingo & the Birds! [1LR] 3:30 Hors d'oeuvres, snacks, and conversation 6:30 Netflix series: Hollywood [1LR]	25 11:00 Exercise with friends [2CC] 1:30 Walking the community 2:30 Table Games and puzzles 6:30 Rummy Q [1LR]
26 11:00 Mindful Meditation 1:30 Create & Share [1LR] 3:30 Puzzles 6:00 Exploring Lisbet	27 Memorial Day 11:00 Functional Fitness with Melissa 11:30 Patriotic music while dining by Lydia 1:30 Monday Matinée with Popcorn 6:30 Netflix concert	28 11:00 Exercise your Body and Brain 2:00 Resident Town Hall Meeting 3:30 Planning committee for next month. [1LR] 6:30 Movie & Popcorn [1LR]	29 11:00 Mind, Body, and Spirt 11:30 Lunch Bunch 2:00 Bingo & the Birds! [1LR] 3:30 Residents' pictures of yesterday and today. 6:30 Movie & Popcorn [1LR]	30 11:00 Mindful Movement with Melissa 2:00 Common Bonds and Trivia 3:00 May Birthday Celebration with Entertainment by Dave Deluca	31 11:00 Exercise your Body and Brain 11:00 Sit & Be Fit 2:00 Bingo & the Birds! [1LR] 3:30 Hors d'oeuvres, snacks, and conversation 6:30 Netflix series: Hollywood [1LR]	Peace of Mind... All ways and always... Lisbet Assisted Living