



Summer Sizzles with
Excitement at Lisbet



July 2025

Lisbet at Wellington Bay


2550 Wellington Bay Dr
Wellington, FL 33414


LISBET HEALTH CENTER
AT
WELLINGTON BAY



July 2025
AL Monthly Calendar



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div><p>LISBET HEALTH CENTER AT WELLINGTON BAY</p></div>				<div><div>10:00 Garden and Grow: Back Patio</div><div>10:45 Exercise for the Soul: 3rd floor Exercise Room</div><div>2:00 Facts in Five and Common Bonds in the Lobby</div><div>3:00 Magizine Mayhem: Creating, & Sharing</div><div>4:00 Memories to Our Grandchildren</div><div>6:00 Calling all Bingo Players 3rd Floor Game Room</div></div>	1	<div><div>10:00 Photo Shoot with Nature [CT]</div><div>10:45 Mind Body Movement with Melissa 3rd Floor Exercise room</div><div>1:30 Karaoke Dance Party [1LR]</div><div>2:30 Big Word: INDEPENDANCE</div><div>3:30 Happy Hour at Lisbet Lobby</div><div>4:00 The Question Is?</div></div>	2	<div><div>10:00 Lake Lisbet Wildlife Count</div><div>10:45 Sit and Be Fit with Hannah</div><div>2:00 The Art of Cooking: Watermelon Basket Demonstration</div><div>3:00 Ken Burns Film Series: Baseball The history of the game</div><div>4:00 Red, White & Blue Corn Hole</div></div>	3	<div><div>Independence Day</div><div>10:00 Water Balloon Drop</div><div>10:45 Keep the Beat with Drumming: Meet in the Lobby</div><div>11:30 Lunch with Lydia : Patriotic Songs</div><div>2:00 Fireworks around the United States on TV 1st Floor Living Room</div><div>3:30 Red, White and Blue Mocktails</div><div>6:30 American Flag Bingo</div></div>	4	<div><div>11:00 Chair Yoga and Mindful Meditation on the 3rd Floor exercise room</div><div>2:00 Karaoke Dance Party [1LR]</div><div>3:30 Happy Hour at Lisbet Cafe</div><div>4:00 Ring the Bell Trivia</div><div>6:00 Movie & Popcorn [1LR]</div></div>	5
<div><div>11:00 Scavenger Hunt Thru Lisbet</div><div>1:00 Big Word and other Word Games on the Wipe Board</div><div>2:00 Calling all Bingo Players</div><div>3:30 Wet Your Whistle Ice Cream Sodas</div><div>6:00 Movie & Popcorn [1LR]</div></div>	6	<div><div>10:00 St Rita's Catholic Church Communion Service</div><div>10:45 Functional Fitness with Hannah</div><div>2:00 Music Movement & Fitness Fun with Melissa and Hannah from the Wellness team</div><div>2:30 Lifelong Learning/ What's your Verdict?</div><div>3:30 Happy Hour at Lisbet Lobby</div><div>4:00 Hot topics and other news</div></div>	7	<div><div>10:00 Second Floor Patio Paper Airplane</div><div>10:45 Exercise for the Soul: 3rd floor Exercise Room</div><div>2:00 Table Games, Scrabble, Dominio's</div><div>3:00 Lisbet Goes" Shopping " Publix</div><div>6:00 Calling all Bingo Players 3rd Floor Game Room</div></div>	8	<div><div>10:45 Mind Body Movement with Melissa 3rd Floor Exercise room</div><div>2:00 Living it up in the Lobby</div><div>3:30 Happy Hour at Lisbet Lobby</div><div>4:00 What Happened on this day in History</div></div>	9	<div><div>10:00 Garden & grow, tending to our flowers</div><div>10:45 Sit and Be Fit with Hannah</div><div>1:30 I Scream, you Scream, we all Scream for ICE CREAM!</div><div>3:00 From Generations to Generations</div><div>4:00 Riddles and Word Games</div></div>	10	<div><div>10:00 Garden & Grow, Tending to our Garden</div><div>10:45 Percussion for Fitness</div><div>1:30 Get some Shade at the back patio</div><div>2:00 Brain Health: The Power of the Pencil</div><div>3:30 Happy Hour at Lisbet Lobby</div><div>6:45 Shabbat service</div></div>	11	<div><div>11:00 Chair Yoga and Mindful Meditation on the 3rd Floor exercise room</div><div>11:30 Piano music by Lydia as you dine</div><div>2:30 Table Games and puzzles</div><div>3:30 Happy Hour at Lisbet Cafe</div><div>6:00 Movie & Popcorn [1LR]</div></div>	12
<div><div>11:00 Fun and Fitness on the Third Floor</div><div>2:00 Calling all Bingo Players</div><div>3:30 Crosswords, Sudoku, & Word Find</div><div>3:30 Wet Your Whistle Ice Cream Sodas</div><div>6:00 Movie & Popcorn [1LR]</div></div>	13	<div><div>10:00 St Rita's Catholic Church Communion Service</div><div>10:45 Functional Fitness with Hannah</div><div>2:00 Music Movement & Fitness Fun with Melissa and Hannah from the Wellness team</div><div>2:30 Lifelong Learning/ What's your Verdict?</div><div>3:30 Happy Hour at Lisbet Lobby</div><div>4:00 Hot topics and other news</div></div>	14	<div><div>10:45 Exercise for the Soul: 3rd floor Exercise Room</div><div>2:00 Facts in Five and Common Bonds in the Lobby</div><div>3:00 Lisbet Goes" Shopping " Traders Joes</div><div>4:00 Outdoor games, Trivia and Riddles</div><div>6:00 Calling all Bingo Players 3rd Floor Game Room</div></div>	15	<div><div>10:00 Photo Shoot with Nature [CT]</div><div>10:45 Mind Body Movement with Melissa 3rd Floor Exercise room</div><div>1:30 Karaoke Dance Party [1LR]</div><div>2:30 Big Word: CONSTITUTIONAL</div><div>3:30 Happy Hour at Lisbet Lobby</div><div>4:00 The Question Is?</div></div>	16	<div><div>10:00 Lake Lisbet Wildlife Count</div><div>10:45 Sit and Be Fit with Hannah</div><div>2:00 Town Hall Meeting</div><div>3:00 American Artists and their Work</div><div>3:30 Travel with Laura and see the World</div><div>5:00 Care Givers Series</div></div>	17	<div><div>10:00 Water Balloon Drop</div><div>10:45 Percussion for Fitness</div><div>3:30 Happy Hour at Lisbet Lobby</div><div>4:00 Sing Along & Snacks</div><div>6:30 Calling all Bingo Players</div><div>7:30 Chat on the Patio</div></div>	18	<div><div>10:00 Care Givers Series</div><div>11:00 Chair Yoga and Mindful Meditation on the 3rd Floor exercise room</div><div>11:30 Piano music by Lydia as you dine</div><div>2:30 Creating Flowers for our Centerpieces</div><div>3:30 Happy Hour at Lisbet Cafe</div><div>6:00 Movie & Popcorn [1LR]</div></div>	19
<div><div>The first moon landing Apollo 11</div><div>1:00 Big Word and other Word Games on the Wipe Board</div><div>2:00 Calling all Bingo Players</div><div>3:30 Wet Your Whistle Ice Cream Sodas</div><div>6:00 Movie & Popcorn: Moonstruck [1LR]</div></div>	20	<div><div>10:00 St Rita's Catholic Church Communion Service</div><div>10:45 Functional Fitness with Hannah</div><div>2:00 Music Movement & Fitness Fun with Melissa and Hannah from the Wellness team</div><div>2:30 Lifelong Learning/ What's your Verdict?</div><div>3:30 Happy Hour at Lisbet Lobby</div><div>4:00 Hot topics and other news</div></div>	21	<div><div>10:00 Second Floor Patio Paper Airplane</div><div>10:45 Exercise for the Soul: 3rd floor Exercise Room</div><div>2:00 Medical Equipment Clinic</div><div>3:00 Lisbet Goes" Shopping " Walgreens</div><div>6:00 Calling all Bingo Players 3rd Floor Game Room</div></div>	22	<div><div>10:45 Mind Body Movement with Melissa 3rd Floor Exercise room</div><div>11:00 Lunch Bunch to Flannagins: Sign up at the concierge desk</div><div>2:00 Living it up in the Lobby</div><div>3:30 Happy Hour at Lisbet Lobby</div><div>4:00 What Happened on this day in History</div></div>	23	<div><div>10:00 Garden & grow, tending to our flowers</div><div>10:45 Sit and Be Fit with Hannah</div><div>2:00 Sizzling Summer Birthday Party with Craig</div><div>4:00 Throwback Thursday</div><div>5:00 Care Givers Series</div></div>	24	<div><div>10:00 Garden & Grow, Tending to our Garden</div><div>10:45 Percussion for Fitness</div><div>2:00 Magazine Mayhem and Crafts</div><div>3:00 The Art of Cooking: Berry Specific Treet</div><div>3:30 Happy Hour at Lisbet Lobby</div><div>6:00 Calling all Bingo players</div><div>6:45 Shabbat service</div></div>	25	<div><div>11:00 Chair Yoga and Mindful Meditation on the 3rd Floor exercise room</div><div>11:30 Piano music by Lydia as you dine</div><div>2:30 Table Games and puzzles</div><div>3:30 Happy Hour at Lisbet Cafe</div><div>3:30 Puzzles</div><div>6:00 Movie & Popcorn [1LR]</div></div>	26
<div><div>11:00 Fun and Fitness on the Third Floor</div><div>2:00 Calling all Bingo Players</div><div>3:30 Crosswords, Sudoku, & Word Find</div><div>3:30 Wet Your Whistle Ice Cream Sodas</div><div>6:00 Movie & Popcorn [1LR]</div></div>	27	<div><div>10:00 St Rita's Catholic Church Communion Service</div><div>10:45 Functional Fitness with Hannah</div><div>2:00 Music Movement & Fitness Fun with Melissa and Hannah from the Wellness team</div><div>2:30 Lifelong Learning/ What's your Verdict?</div><div>3:30 Happy Hour at Lisbet Lobby</div><div>4:00 Common Bonds & Trivia</div></div>	28	<div><div>10:45 Exercise for the Soul: 3rd floor Exercise Room</div><div>2:00 Azal Dancers: Young adults with special talents</div><div>3:00 Lisbet Goes" Shopping " Whole Foods</div><div>6:00 Calling all Bingo Players 3rd Floor Game Room</div><div>7:30 Sunset on the Patio</div></div>	29	<div><div>10:00 Photo Shoot with Nature [CT]</div><div>10:45 Mind Body Movement with Melissa 3rd Floor Exercise room</div><div>1:30 Karaoke Dance Party [1LR]</div><div>2:30 Big Word: INDEPENDANCE</div><div>3:30 Happy Hour at Lisbet Lobby</div><div>4:00 The Question Is?</div></div>	30	<div><div>10:00 Lake Lisbet Wildlife Count</div><div>10:45 Sit and Be Fit with Hannah</div><div>2:00 1925 to 2025 Birthday Party for Bob</div><div>4:00 Common Bonds and Trivia</div><div>5:00 Care Givers Series</div></div>	31	<div><div>Happy Birthday</div><div>Isabelle R. July4</div><div>Donna P. July11</div><div>Steve K. July 14</div><div>Sylvia A. July 17</div><div>Leonard R. July 20</div><div>Richard G. July 26</div><div>Carol E. July28</div></div>			