

## Lisbet at Wellington Bay

July 2024

2550 Wellington Bay Dr  
Wellington, FL 33414



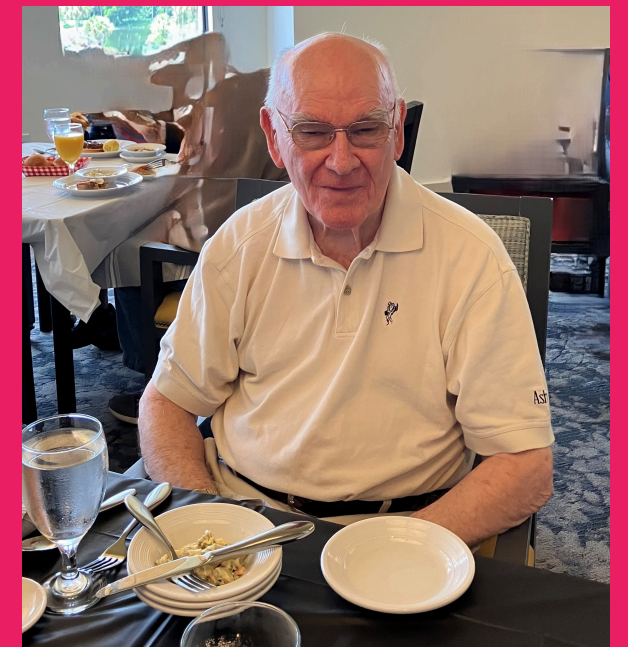
### July Highlights

Cards with the Cohens  
Tuesday July 2, 2024 at 3p.m. &  
Tuesday July 16, 2024 at 2p.m

Independence Day Lunch  
with music by Lydia  
Thursday July 4, 2024 at 11:30

July Birthday Celebration with  
Gary  
Thursday July 18, 2024  
at 2p.m.


Fourth Friday on the Fourth Floor  
Theme Lunch with Lydia  
11:30a.m. - 1:00p.m.





July 2024  
AL Monthly Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Peace of Mind... All ways and always...  Lisbet Assisted Living	11:15 Functional Fitness with Hannah 1 1:30 Talk and Trivia on the TV [1LR] 2:30 Let's meet for Table Games 4:00 Change the Lyrics & Story. Creative Writing	11:15 Seated Yoga-Lates with Melissa 2 2:00 Puzzles, Table Games and Music 3:00 Bridge with the Cohens 6:30 Creative Coloring & Conversation	11:15 Sit & Dance with Lori 3 2:00 Everyone Loves Bingo! 3:30 Creating Greeting Cards for our Pen Pals 6:00 Table Games, Cards, Dominoes, Chess & Checkers	Independence Day 4 11:15 Mindful Movement with Melissa 11:30 American BBQ and Music by Lydia 2:00 4th of July BINGO 3:30 Mocktails and Conversation	11:15 Exercise your Mind, & Body, with Lori 5 1:30 Get to know Lisbet:- Identifying, finding and solving questions about the Lisbet community. 2:00 Creative coloring & conversation	11:00 Table Tennis / Ping Pong [1LR] 6 1:30 Where in the World are You? 3:30 Pen, Paper & Puzzles 6:30 Table Games, and games of chance.	
	11:00 Scavenger Hunt Thru Lisbet 7 1:30 How many Words can you make out of the word: INDEPENDENCE 2:00 BINGO 3:00 Dominoes, cards, and Rummy Q in the Lobby	11:15 Functional Fitness with Hannah 8 1:30 Crossword puzzles and word games 3:00 Michael's Movie Collection 6:30 Classical Concert Series [1LR]	7:30 Skyview Breakfast Dining 9 11:15 Seated Yoga-Lates with Melissa 1:30 Lisbet Ladies and Gentlemen's Book Club 6:30 Creative Coloring & Conversation	11:15 Sit & Dance with Lori 10 1:30 Family Feud : Take a chance on what the survey says! [B] 2:00 Everyone Loves Bingo! 4:00 What Happened on this day in History [1LR] 6:30 Game Shows	11:15 Mindful Movement with Melissa 11 2:00 Summer Block Buster Movie & Popcorn 4:00 Root Beer Floats and Conversation 6:30 Sunset out on the Patio!	11:15 Exercise your Mind, & Body, with Lori 12 1:30 Courtyard chat 2:00 Everyone Loves Bingo! 3:30 Two Truths & a Lie, Fact or Fiction 6:30 Netflix series: Hollywood [1LR]	11:00 Exercise with friends 13 1:30 Walking the community 2:30 Table Games and puzzles 4:00 Big Word
	11:00 Mindful Meditation 14 2:00 BINGO 3:30 Crosswords, Sudoku, & Word Find 6:30 Netflix Series: The Crown	11:15 Functional Fitness with Hannah 15 1:30 Talk and Trivia on the TV [1LR] 2:30 Let's meet for Table Games 4:00 Change the Lyrics & Story. Creative Writing	11:15 Seated Yoga-Lates with Melissa 16 2:00 Alzheimer's support group 3:00 Bridge with the Cohens 6:30 Creative Coloring & Conversation	11:15 Sit & Dance with Lori 17 2:00 Everyone Loves Bingo! 3:30 Creating Greeting Cards for our Pen Pals 6:30 Travel Log	11:00 Summer Exercise outside the 1st floor community room 18 2:00 July Birthday Celebration with Gary 3:30 Games of Skill, Chance and Fun for all. 6:30 Sunset out on the Patio!	11:15 Exercise your Mind, & Body, with Lori 19 2:00 Everyone Loves Bingo! 4:00 Hot Topic, Current Events, and Trivia 4:00 Music Videos and Dance Club [1LR]	11:00 Table Tennis / Ping Pong [1LR] 20 1:30 Where in the World are You? 3:30 Pen, Paper & Puzzles 6:30 Table Games, and games of chance.
	1:30 Olympic word scramble [B] 21 2:00 BINGO 3:00 Dominoes, cards, and Rummy Q in the Lobby 3:30 Walking Club [B] 6:30 Netflix Series: The Crown	11:15 Functional Fitness with Hannah 22 1:30 Creative Coloring and conversation 2:30 Celebrate Ice Cream Day! 3:00 Michael's Movie Collection	11:15 Seated Yoga-Lates with Melissa 23 1:30 Table Games and Trivia [B] 3:30 Pen, Paper, & Puzzles 6:30 Creative Coloring & Conversation	11:15 Sit & Dance with Lori 24 2:00 Everyone Loves Bingo! 4:00 What Happened on this day in History [1LR] 6:30 Table Games	11:15 Mindful Movement with Melissa 25 1:30 Summer Block Buster Movie 4:00 Throwback Thursday 6:30 Sunset out on the Patio!	11:15 Exercise your Mind, & Body, with Lori 26 11:30 4th Friday on the 4th Floor Lunch with Lydia 2:00 Everyone Loves Bingo! 3:30 Puzzles 6:30 Netflix series: Hollywood [1LR]	11:00 Exercise with friends 27 1:30 Walking the community 2:30 Table Games and puzzles 4:00 Big Word
	11:00 Mindful Meditation 28 2:00 BINGO 3:30 Crosswords, Sudoku, & Word Find 6:30 Netflix Series: The Crown	11:15 Functional Fitness with Hannah 29 1:30 Talk and Trivia on the TV [1LR] 2:30 Let's meet for Table Games 4:00 Password	11:15 Seated Yoga-Lates with Melissa 30 2:00 Resident Town Hall Meeting 3:30 Today in History [1LR] 6:30 Creative Coloring & Conversation	11:15 Sit & Dance with Lori 31 2:00 Everyone Loves Bingo! 3:30 Table Games 4:00 Mocktails and Conversation	<div> LISBET HEALTH CENTER — AT — WELLINGTON BAY</div>		<div>Welcome Helen (Danny) M.</div> <div>Happy Birthday Russ E. July15 Bob G. July 30</div>