



We Love Lisbet



February
2025

Lisbet at Wellington Bay

2550 Wellington Bay Dr
Wellington, FL 33414

February Highlights

Lunch with Lydia
Saturdays 11:30-1p.m

Museum of Polo & Hall of Fame
Monday February 10, 2025

Lisbet Lecture Series
From the Heart
Tuesday February 11, 2025

Lake Worth Christian High School
Sidewalk Painting Event
February 13, 2025

Valentines Dance Party
February 14, 2025


Kitchen Tour
Monday February 17, 2025

Lunch Bunch
Monday February 24, 2025



February 2025
AL Monthly Calendar



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div><p>LISBET HEALTH CENTER —AT— WELLINGTON BAY</p></div>				Happy Birthday Stanley L. February 3 Ruth A. February 7 Danny M. February 18 Kathy O. February 21				Welcome Home Rosalyn G. Morris B.		“When it rains, look for rainbows. When it’s dark, look for stars.” — Unknown		11:30 Piano music by Lydia as you dine 1:30 Create, your own heartfelt Valentines Day Cards! [2LR] 3:30 Pen, Paper & Puzzles 6:00 Enjoy a movie or series from our Netflix Collection	
Groundhog Day 11:00 Scavenger Hunt Thru Lisbet 1:30 How many Words can you make out of the word: CARDIOLOGIST 3:00 Dominoes, cards, and Rummy Q in the Lobby		11:15 Functional Fitness with Hannah 1:30 Cornhole with Hannah 2:00 Bingo 3:30 Let's meet for Table Games 6:00 Classical Concert Series on YouTube		9:30 Indoor Walking Club 11:00 Create, Valentines! [2LR] 11:15 Seated Yoga- Lates with Melissa 2:00 Facts in Five and other table games 3:00 Talk & Trivia		11:15 Sit & Dance with Lori 1:00 Cards, Dominoes, & Rummy Q 2:00 Everyone Loves Bingo! 3:30 Meet & Greet at Lisbet Lobby 4:00 Hot Topic, Current Events, and Trivia		9:30 Indoor Walking Club 11:15 Mindful Movement with Melissa 2:00 The Moth Radio Hour (Pod Cast) 3:00 Create and Share! 4:00 Games of Skill, Chance and Fun for all.		11:15 Exercise your Mind & Body, with Lori 1:30 Open Gym with Hannah 2:00 Everyone Loves Bingo! 3:30 Meet & Greet at Lisbet Lobby 6:00 Netflix series: Hollywood [1LR]		11:00 Exercise with friends 11:30 Piano music by Lydia as you dine 2:30 Table Games and puzzles 6:00 Enjoy a movie or series from our Netflix Collection	
11:00 Mindful Meditation 2:00 Bingo 3:30 Crosswords, Sudoku, & Word Find 4:00 Super Bowl LIX Pre Game Social 5:00 Super Bowl LIX FOX [1LR]		11:15 Functional Fitness with Hannah 1:00 Museum of Polo & Hall of Fame Outing 2:00 Talk and Trivia on YouTube TV 3:30 Meet & Greet at Lisbet Lobby		11:00 Hot topic & Current Events 11:15 Seated Yoga- Lates with Melissa 1:30 Lisbet's Lecture Series: From the Heart in February [1LR] 3:00 Creating Valentines [2LR]		11:15 Sit & Dance with Lori 1:00 Cards with the Cohens 2:00 Everyone Loves Bingo! 3:30 Meet & Greet at Lisbet Lobby 4:00 What Happened on this day in History		Sidewalk Painting Event with Lake Worth Christian High School Students 9:30 Indoor Walking Club 10:00 Rosary and Communion 11:15 Mindful Movement with Melissa 1:30 Block Buster Movie		Valentine's Day 11:15 Exercise your Mind & Body, with Lori 2:00 Sing, & Dance with Garth Bright for Valentines Day 3:30 Meet & Greet at Lisbet 6:45 Shabbat service		11:00 Table Tennis / Ping Pong 11:30 Piano music by Lydia as you dine 3:30 Pen, Paper & Puzzles 6:00 Enjoy a movie or series from our Netflix Collection	
1:30 How many Words can you make out of the word: PRESIDENT 3:00 Dominoes, cards, and Rummy Q in the Lobby 6:00 Enjoy a movie or series from our Netflix Collection		Presidents' Day 10:00 Kitchen Tour 11:15 Functional Fitness with Hannah 2:00 Talk and Trivia on the TV 3:30 Happy Hour "Presential Trivia"		11:15 Seated Yoga- Lates with Melissa 1:30 Bridge 3:00 Facts in Five and other table games 4:00 Outdoor games, Trivia and Riddles		11:15 Sit & Dance with Lori 1:00 Cards, Dominoes, & Rummy Q 2:00 Everyone Loves Bingo! 3:30 Creating Greeting Cards for our Pen Pals 3:30 Meet & Greet at Lisbet Lobby		9:30 Indoor Walking Club 10:00 Rosary and Communion 11:15 Exercise & Dance all from a seated position. 2:00 Common Bonds and Trivia		11:15 Exercise your Mind & Body, with Lori 1:30 Open Gym with Hannah 2:00 Everyone Loves Bingo! 3:30 Meet & Greet at Lisbet Lobby 4:00 Sing Along		11:00 Exercise with friends 11:30 Piano music by Lydia as you dine 2:30 Table Games and puzzles 6:00 Enjoy a movie or series from our Netflix Collection	
11:00 Mindful Meditation 2:00 Bingo 3:30 Crosswords, Sudoku, & Word Find 4:00 Pen, Paper, & Puzzles 6:00 Enjoy a movie or series from our Netflix Collection		11:00 Lunch Bunch Outing 11:15 Functional Fitness with Hannah 1:30 Ping Pong with Hannah 3:30 Meet & Greet at Lisbet Lobby 6:00 Classical Concert Series on YouTube		9:30 Indoor Walking Club 11:15 Seated Yoga- Lates with Melissa 2:00 Resident Town Hall Meeting 3:00 TED Talk [1LR] 3:30 Hot Topics		11:15 Sit & Dance with Lori 1:00 Cards with the Cohens 2:00 Everyone Loves Bingo! 3:30 Meet & Greet at Lisbet Lobby 4:00 What Happened on this day in History		9:30 Indoor Walking Club 10:00 Rosary and Communion 11:15 Mindful Movement with Melissa 1:30 Blockbuster Movie Pick 1:30 Bridge 4:00 Throwback Thursday		11:15 Exercise your Mind & Body, with Lori 1:30 Open Gym with Hannah 2:00 Everyone Loves Bingo! 3:30 Meet & Greet at Lisbet Lobby 6:45 Shabbat service		Lisbet Health Center Concierge 561-423-9056	