



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>LISBET HEALTH CENTER AT WELLINGTON BAY</p>		<p>Peace of Mind... All Ways and Always Lisbet Assisted Living</p>		<p>11:00 Exercise to music [1LR] 1 1:30 Crafts [1LR] 2:00 Active Games [2CC] 3:15 Bistro Bunch : Snacks & Conversation [B] 3:30 Resident Spotlight: Making connections to make a difference. [B] 6:30 Movie & Popcorn [1LR]</p>	<p>Groundhog Day Wear Red Day 2 11:00 Functional Fitness with Melissa [2CC] 1:30 Scavenger Hunt [1LR] 2:00 Bingo ! [1LR] 3:15 Bistro Bunch : Snacks & Conversation [B] 4:00 Puzzles, Table Games and Music [1LR] 6:30 Netflix series: Hollywood [1LR]</p>	<p>11:00 Table Tennis / Ping Pong [2LR] 3 1:30 Where in the World are You? [B] 2:30 Bird watching ! [1LR] 3:30 Pen, Paper & Puzzles [1LR] 4:00 Family Feud, & Twenty Questions 6:30 Table Games, and games of chance.</p>
<p>11:00 Scavenger Hunt 4 1:30 How many Words can you make out of the word CARDIOLOGIST. [B] 3:00 Rummikub 4:00 Walking Club 6:30 Netflix Series: The Crown</p>	<p>11:00 Sit and Be Fit 5 1:30 Music Monday Movie 3:15 Bistro Bunch : Snacks & Conversation [B] 4:00 Hot Topic, Current Events, and Trivia [B] 6:30 Netflix concert</p>	<p>11:00 Cardio Drumming with Melissa 6 1:30 Netflix series: Suits [1LR] 3:15 Bistro Bunch : Snacks & Conversation [B] 3:30 Name Game [B] 6:30 Movie & Popcorn [1LR]</p>	<p>11:00 Sit & Be Fit [2CC] 7 11:30 American BBQ Lunch 2:00 Bingo 3:15 Wet your whistle Wednesday! [B] 4:00 Talk & Trivia 6:00 Travel Log 6:30 Poker [1LR]</p>	<p>11:00 Exercise to music 8 2:00 Making a difference! 2:30 Creative Cards 3:15 Bistro Bunch : Snacks & Conversation [B] 3:30 Piano Sing Along with Lydia 6:30 Movie & Popcorn [1LR]</p>	<p>11:00 Functional Fitness with Melissa [2CC] 9 1:30 Crossword Puzzles and Word Games [B] 2:00 Bingo ! [1LR] 3:15 Bistro Bunch : Snacks & Conversation [B] 4:00 Pass Word [B] 6:30 Shabbat Service</p>	<p>Chinese New Year: Year of the Dragon 10 11:00 Exercise with friends [2CC] 1:30 Walking the community 3:30 Rummy Q [1LR] 6:30 Netflix Concert on TV [1LR]</p>
<p>Super Bowl LVIII: Allegiant Stadium Las Vegas 11 11:00 Exploring Lisbet 1:30 Create & Share [1LR] 3:30 Mindful Meditation 4:00 Puzzles 6:00 Watch the Super Bowl and note the commercials. [1LR]</p>	<p>11:00 Sit and Be Fit 12 1:30 Music Monday Movie 3:15 Bistro Bunch : Snacks & Conversation [B] 3:30 Two Truths & a Lie, Fact or Fiction [B] 4:00 Rate the Super Bowl commercials. 6:30 Netflix concert</p>	<p>Fat Tuesday 13 11:00 Cardio Drumming with Melissa 2:00 Book Club 3:15 Bistro Bunch : Snacks & Conversation [B] 4:00 Big Word [1LR] 6:30 Movie & Popcorn [1LR]</p>	<p>Valentine's Day 14 11:00 Sit & Be Fit [2CC] 1:30 Ping Pong and Parlor Games [2LR] 2:00 Bingo 3:15 Wet your whistle Wednesday! [B] 4:00 Famous Couples [B] 4:30 Valentines' Day dining with music by Lydia 6:30 Game Shows [1LR]</p>	<p>11:00 Exercise to music 15 2:00 Active Games [2CC] 3:00 Today in History 3:15 Bistro Bunch : Snacks & Conversation [B] 3:30 Bridge 4:00 Spot Light : Your Story 6:30 Movie & Popcorn [1LR]</p>	<p>Great Backyard Bird Count 16 11:00 Functional Fitness with Melissa [2CC] 2:00 Bingo ! [1LR] 3:15 Bistro Bunch : Snacks & Conversation [B] 6:00 Patio Chat [CT] 6:30 Netflix series: Hollywood [1LR]</p>	<p>11:00 Table Tennis / Ping Pong [2LR] 17 1:30 Where in the World are You? [B] 3:30 Pen, Paper & Puzzles [1LR] 6:30 Table Games, and games of chance.</p>
<p>11:00 Let the good news be your news 18 1:30 How many Words can you make out of the word HYPERTENSION [B] 3:00 Rummikub 4:00 Chess , Checkers, and parlor games 4:00 Walking Club 6:30 Netflix series: The Lincoln Lawyer [1LR]</p>	<p>Presidents' Day 19 11:00 Sit and Be Fit 1:30 Music Monday Movie 1:30 Netflix: Biography on TV [1LR] 2:00 Table Tennis [2LR] 3:15 Bistro Bunch : Snacks & Conversation [B] 4:00 Hot Topic, Current Events, and Trivia [B] 6:30 Netflix concert</p>	<p>11:00 Cardio Drumming with Melissa 20 11:00 Walking Lisbet 1:30 Netflix series: Suits [1LR] 3:15 Bistro Bunch : Snacks & Conversation [B] 3:30 Name Game [B] 4:00 What's my Line ?- & 20 questions [B] 6:30 Movie & Popcorn [1LR]</p>	<p>11:00 Sit & Be Fit [2CC] 21 1:30 Garden & Grow [CT] 2:00 Bingo 3:15 Wet your whistle Wednesday! [B] 3:30 Dominoes 4:00 Talk & Trivia 6:30 Travel Log [1LR]</p>	<p>11:00 Exercise to music 22 11:00 Mind Body and Spirt [2CC] 3:15 Bistro Bunch : Snacks & Conversation [B] 3:30 Piano Sing Along with Lydia 6:30 Movie & Popcorn [1LR]</p>	<p>11:00 Functional Fitness with Melissa [2CC] 23 2:00 Bingo ! [1LR] 3:15 Bistro Bunch : Snacks & Conversation [B] 3:30 Pen, Paper, & Puzzles [B] 4:00 Pass Word [B] 6:30 Netflix series: Hollywood [1LR]</p>	<p>Full Moon 24 11:00 Exercise with friends [2CC] 1:30 Classical concert on TV [1LR] 1:30 Walking the community 3:30 Rummy Q [1LR] 6:30 Netflix Concert on TV [1LR]</p>
<p>11:00 Exploring Lisbet 25 1:30 Create & Share [1LR] 3:30 Mindful Meditation 4:00 Bird Watching 6:30 Movie & Popcorn [1LR]</p>	<p>11:00 Sit and Be Fit 26 1:30 Music Monday Movie 3:15 Bistro Bunch : Snacks & Conversation [B] 3:30 Puzzles 4:00 Password 6:30 Netflix concert</p>	<p>11:00 Cardio Drumming with Melissa 27 2:00 Resident Town Hall Meeting 2:00 Today in History [1LR] 3:15 Bistro Bunch : Snacks & Conversation [B] 3:30 Mindful Meditation [1LR] 6:30 The Magicians : Netflix series [1LR]</p>	<p>11:00 Sit & Be Fit [2CC] 28 2:00 Bingo 3:00 Monthly Birthday Party! With Entertainment by Garry Samms 3:15 Wet your whistle Wednesday! [B] 4:00 This Day in History [B] 6:30 Netflix movie: Forgotten Love</p>	<p>11:00 Exercise to music 29 11:00 For the Love of Dogs 11:30 Pizza Italian Style Lunch 2:00 Active Games [2CC] 2:30 Common Bonds and Trivia 3:15 Bistro Bunch : Snacks & Conversation [B] 3:30 Bridge 4:00 Name Game 6:30 Movie & Popcorn [1LR]</p>	<p>Welcome to Lisbet Evelyn L. Sal R. Elaine S. Happy Birthday Sal R. February 9 Kathy O. February 21</p>	