

April 2025 AL Monthly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 LISBET HEALTH CENTER AT WELLINGTON BAY						
		April Fools Day 1 10:00 Wisdom Warrior Walking Pick Up Packet at the Lobby 10:45 Sit and Dance with Lori :3rd floor exercise room 2:00 Facts in Five and Common Bonds in the Lobby 3:00 Learn with Laura "Rummiekue" 6:30 Calling all Bingo Players 3rd Floor Game Room 7:30 Sunset on the Patio	National Walking Day 2 9:00 Wisdom Warrior Race Day 10:45 Mind Body Movement with Melissa 3rd Floor Exercise room 1:30 Karaoke Dance Party [1LR] 3:00 Mindful Coloring Art Room 3:30 Happy Hour at Lisbet Lobby 4:00 The Question Is?	9:30 Indoor Walking Club 10:00 Lake Lisbet Wildlife Count [2LR] 10:45 Sit and Be Fit with Hannah 2:00 Calling all BINGO Players 3:30 Lisbet Gets Creative! Door decor, greeting cards, painting and more [2LR] 4:00 Hot topic and other worldly discussions [CT]	9:30 Walking club with Hannah [2LR] 4 10:45 Exercise your Mind & Body, with Lori 2:00 Exploring the Artwork of Andy Warhol 3:30 Happy Hour at Lisbet Lobby 4:00 Sing Along & Snacks in the Lobby 6:00 Garden Stroll 7:00 Netflix series: Samatha's Pick [1LR]	11:00 Table Tennis / Ping Pong 5 11:30 Piano music by Lydia as you dine 1:30 Big Word and other Word Games 3:30 Happy Hour at Lisbet Cafe 4:00 Talk And Trivia 6:00 Enjoy a movie or series from our Netflix Collection
11:00 Chair Exercise and Dance 6 1:00 Temple Beth Torah Choir 2:00 Dominoes, cards, and Rummy Q in the Lobby 3:00 Everyone Loves Bingo! 6:00 Enjoy a movie or series from our Netflix Collection	National World Health Day 7 10:00 Stretch and Be Fit 10:45 Functional Fitness with Hannah 1:30 Lisbet Flower and Garden Committee [CT] 2:00 Music Movement & Fitness Fun 2:30 Let's meet for Table Games 3:30 Happy Hour at Lisbet Lobby 4:00 Hot topics and other news	10:45 Sit and Dance with Lori :3rd floor exercise room 8 1:00 Karaoke Dance Party 2:00 Garden and Grow/Floral Arrangements 3:30 Palm Beach County Book Club in a Bag 4:00 Learn with Laura Rummiekub 6:30 Calling all Bingo Players 3rd Floor Game Room	10:00 Seated Dance Moves 9 10:45 Mind Body Movement with Melissa 3rd Floor Exercise room 2:00 Travel with Laura to Colorado Springs 3:30 Happy Hour at Lisbet Lobby 4:00 What Happened on this day in History	9:30 Indoor Walking Club 10 10:00 Rosary and Communion 10:45 Sit and Be Fit with Hannah 1:30 Using your Zip Code to create Poetry: Zippo 2:00 Everyone Loves Bingo! 3:30 Create and Share 3:30 Slice of the Pie Men's Club [1LR]	9:30 Walking club with Hannah [2LR] 11 10:45 Exercise your Mind & Body, with Lori 11:00 Lunch Bunch Outing to Bone Fish Mack 1:30 Celebrate Barbershop Quartet Day 3:30 Happy Hour at Lisbet Lobby 6:00 Blockbuster Movie 6:45 Shabbat service	Full Moon Passover 12 11:00 Chair Exercise and Dance on the 3rd Floor exercise room 11:30 Piano music by Lydia as you dine 1:30 Spring Holiday Creations ! 2:30 Table Games and puzzles 3:30 Big Word and other Word Games 3:30 Happy Hour at Lisbet Cafe 4:30 Passover Dinner 4:30-6:30p.m.
Palm Sunday 13 11:00 Mindful Meditation 1:00 On This Day in History and Common Bonds 2:00 Everyone Loves Bingo! 3:00 Garden & Grow 3:30 Crosswords, Sudoku, & Word Find 6:00 Enjoy a movie or series from our Netflix Collection	National Dolphin Day 14 10:00 Stretch and Be Fit 10:45 Functional Fitness with Hannah 2:00 Music Movement & Fitness Fun 2:00 Our Friends from the Library visit and assist with our Library needs [1LR] 3:30 Happy Hour at Lisbet Lobby 4:00 Hot topics and other news	10:45 Sit and Dance with Lori :3rd floor exercise room 15 2:00 Riverbend Park presents "Reptiles and Amphibians" [1LR] 3:30 Spotlight your Talents, Interests, and Accomplishments 4:00 Outdoor games, Trivia and Riddles 6:30 Calling all Bingo Players 3rd Floor Game Room 7:30 Sunset on the Patio	10:00 Seated Dance Moves 16 10:45 Mind Body Movement with Melissa 3rd Floor Exercise room 1:30 Karaoke Dance Party [1LR] 2:30 Creating Greeting Cards for our Pen Pals 3:30 Happy Hour at Lisbet Lobby 6:30 Calling all Bingo players 7:30 The Ladies of Broadway on TV	10:00 Lake Lisbet Wildlife Count [2LR] 17 10:45 Sit and Be Fit with Hannah 11:15 Exercise & Dance all from a seated position. 2:00 Town Hall 3:30 Sweet or Savory Ladies Club 4:00 Garden Stroll	9:30 Walking club with Hannah [2LR] 18 10:45 Exercise your Mind & Body, with Lori 2:00 Calling All Bingo Players 3:30 Happy Hour at Lisbet Lobby 3:30 You cannot eat ice cream and cry party ! 6:00 Talk and Trivia on the Patio 7:00 Netflix series: Samatha's Pick [1LR]	11:00 Chair Exercise and Dance on the 3rd Floor exercise room 19 11:30 Piano music by Lydia as you dine 2:00 Scavenger and Egg Hunt 3:00 Happy Hour at Lisbet Cafe 4:00 Talk & Trivia 6:00 Enjoy a movie or series from our Netflix Collection
Easter 20 2:00 All Bunny Ears for Easter BINGO 3:00 Dominoes, cards, and Rummy Q in the Lobby 4:30 Easter Dining with Lydia at the Piano 4:30-6:30p.m.	10:00 Stretch and Be Fit 21 10:45 Functional Fitness with Hannah 2:00 Music Movement & Fitness Fun 2:30 Learn with Laura Table Games 3:30 Happy Hour at Lisbet Lobby 3:30 Walking Club [B] 4:00 Hot topics and other news	Earth Day 22 9:30 Earth Day Nature Bus Tour 11:00 Birds of Florida and bird watching 2:00 Popsicles on the Patio 3:00 Garden And Grow [CT] 3:30 Reading from Margorie Stoneman's Douglas book "A River of Grass" 6:30 Calling all Bingo Players 3rd Floor Game Room	10:00 Seated Dance Moves 23 10:45 Mind Body Movement with Melissa 3rd Floor Exercise room 3:30 Happy Hour at Lisbet Lobby 3:30 Pen, Paper, & Puzzles 4:00 What Happened on this day in History 6:00 Netflix Series	9:30 Indoor Walking Club 24 10:00 Lake Lisbet Wildlife Count [2LR] 10:00 Rosary and Communion 10:45 Sit and Be Fit with Hannah 2:00 April Showers Birthday Celebration with Garth Bright 4:00 Throwback Thursday	9:30 Walking club with Hannah [2LR] 25 10:45 Exercise your Mind & Body, with Lori 2:00 Calling all Bingo Players 3:30 Happy Hour at Lisbet Lobby 6:00 Talk and Trivia on the Patio 6:45 Shabbat service	11:00 Chair Exercise and Dance on the 3rd Floor exercise room 26 11:30 Piano music by Lydia as you dine 2:30 Table Games and puzzles 3:30 Happy Hour at Lisbet Cafe 3:30 Puzzles 6:00 Enjoy a movie or series from our Netflix Collection
11:00 Mindful Meditation 27 2:00 Calling all Bingo Players 3:30 Places you have been A-Z 6:00 Enjoy a movie or series from our Netflix Collection	10:00 Stretch and Be Fit 28 10:45 Functional Fitness with Hannah 2:00 Music Movement & Fitness Fun 3:00 Travel Talk , Lets Map it Out 3:30 Happy Hour at Lisbet Lobby 4:00 Common Bonds & Trivia	10:00 Count your Steps with Laura 29 10:45 Sit and Dance with Lori :3rd floor exercise room 2:00 Create a ZIPO 3:00 Sing along in the Lobby 6:30 Calling all Bingo Players 3rd Floor Game Room 7:30 Sunset on the Patio	10:00 Seated Dance Moves 30 10:45 Mind Body Movement with Melissa 3rd Floor Exercise room 1:30 Karaoke Dance Party [1LR] 3:30 Happy Hour at Lisbet Lobby 4:00 The Question Is? 6:00 Netflix Series 6:30 Calling all Bingo players	Happy Birthday Ralph D. April 7 John O. April 8 Bert G. April 14 Gladys G. April 14 Rosalyn G. April 16		Welcome Home Gladys G. Stanley A. Sylvia A.