


# April 2024 AL Monthly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>LISBET HEALTH CENTER AT WELLINGTON BAY</p>	<b>11:00 Sit to Be Fit!</b> <b>1:30 Music Monday Movie</b> <b>3:00 Fool me once!</b> <b>3:30 Let's meet for cards!</b> <b>6:30 Netflix concert</b>	<b>11:00 Cardio Drumming with Melissa</b> <b>1:30 Netflix series: Suits [1LR]</b> <b>3:00 Talk &amp; Trivia</b> <b>3:30 Name Game [B]</b> <b>4:00 Puzzles, Table Games and Music [1LR]</b> <b>6:30 Movie &amp; Popcorn [1LR]</b>	<b>11:00 Sit to Be Fit!</b> <b>2:00 Bingo!</b> <b>3:30 Card Games and conversation</b> <b>4:00 Family Feud, &amp; Twenty Questions</b> <b>6:00 Table Games</b>	<b>11:00 Functional Fitness</b> <b>2:00 Painting to Music [1LR]</b> <b>3:30 Resident Spotlight: Making connections to make a difference. [B]</b> <b>4:30 Music &amp; Dining by Lydia</b> <b>6:30 Movie &amp; Popcorn [1LR]</b>	<b>11:00 Knitters Club Visit</b> <b>11:00 Sit to Be Fit!</b> <b>1:30 Scavenger Hunt [1LR]</b> <b>2:00 Bingo ! [1LR]</b> <b>3:30 Hors d'oeuvres, snacks, and conversation</b> <b>6:30 Netflix series: Hollywood [1LR]</b>	<b>11:00 Table Tennis / Ping Pong [2LR]</b> <b>1:30 Where in the World are You? [B]</b> <b>2:30 Bird watching ! [1LR]</b> <b>3:30 Pen, Paper &amp; Puzzles [1LR]</b> <b>6:30 Table Games, and games of chance.</b>	
	<b>11:00 Scavenger Hunt</b> <b>1:30 How many Words can you make out of the word ENVIRONMENTALIST! [B]</b> <b>3:00 Rummy Q</b> <b>4:00 Walking Club</b> <b>6:30 Netflix Series: The Crown</b>	<b>11:00 Sit to Be Fit!</b> <b>1:30 Music Monday Movie</b> <b>2:30 Creative Painting</b> <b>3:00 Bingo</b> <b>6:30 Netflix concert</b>	<b>11:00 Cardio Drumming with Melissa</b> <b>1:30 Crossword Puzzles and Word Games [B]</b> <b>2:00 Book Club</b> <b>3:30 Table Games in the Lobby</b> <b>6:30 Movie &amp; Popcorn [1LR]</b>	<b>11:00 Sit to Be Fit!</b> <b>1:30 Family Feud : Take a chance on what the survey says! [B]</b> <b>2:00 Bingo!</b> <b>4:00 This Day in History [B]</b> <b>6:30 Game Shows [1LR]</b>	<b>11:00 Functional fitness with Melissa</b> <b>1:30 Outdoor games</b> <b>2:00 Making a difference!</b> <b>3:00 Calling all Card players</b> <b>6:30 Movie &amp; Popcorn [1LR]</b>	<b>11:00 Sit to Be Fit!</b> <b>1:30 Courtyard chat</b> <b>2:00 Bingo ! [1LR]</b> <b>3:30 Hors d'oeuvres, snacks, and conversation</b> <b>4:00 Password [B]</b> <b>6:30 Shabbat Service</b>	<b>11:00 Exercise with friends [2CC]</b> <b>1:30 Walking the community</b> <b>3:30 Rummy Q [1LR]</b> <b>4:00 Big Word [1LR]</b> <b>6:30 Movie &amp; Popcorn</b>
	<b>11:00 Walking with friends</b> <b>1:00 The Masters at Augusta National Golf Course on TV</b> <b>1:30 Create &amp; Share [1LR]</b> <b>3:30 Mindful Meditation</b> <b>4:00 Exploring Lisbet</b> <b>6:30 Netflix Movie</b>	<b>11:00 Sit to Be Fit!</b> <b>1:30 Music Monday Movie</b> <b>3:00 Current Events &amp; Historical Events</b> <b>3:30 Let's meet for cards!</b> <b>6:30 Dominoes [1LR]</b>	<b>11:00 Cardio Drumming with Melissa</b> <b>1:30 Netflix series: Suits [1LR]</b> <b>2:00 Outdoor games and Trivia</b> <b>3:30 Name Game [B]</b> <b>6:30 Movie &amp; Popcorn [1LR]</b>	<b>11:00 Sit to Be Fit!</b> <b>1:30 Garden &amp; Grow</b> <b>2:00 Bingo!</b> <b>3:30 Card Games and conversation</b> <b>4:00 Talk &amp; Trivia</b> <b>6:30 Travel Log [1LR]</b>	<b>11:00 Functional Fitness with Melissa</b> <b>2:00 Painting to Music [1LR]</b> <b>2:30 Common Bonds and Trivia</b> <b>3:00 April Birthday Party</b> <b>6:30 Movie &amp; Popcorn [1LR]</b>	<b>11:00 Sit to Be Fit!</b> <b>2:00 Bingo ! [1LR]</b> <b>3:30 Hors d'oeuvres, snacks, and conversation</b> <b>4:00 Hot Topic, Current Events, and Trivia [B]</b> <b>6:00 Patio Chat [CT]</b> <b>6:30 Netflix series: Hollywood [1LR]</b>	<b>11:00 Table Tennis / Ping Pong [2LR]</b> <b>11:00 Walking Lisbet</b> <b>1:30 Where in the World are You? [B]</b> <b>2:00 Bingo!</b> <b>3:30 Pen, Paper &amp; Puzzles [1LR]</b> <b>6:30 Table Games, and games of chance.</b>
	<b>11:00 Walking Club</b> <b>1:30 How many Words can you make out of the word COMPOSTING [B]</b> <b>2:00 Chess , Checkers, and parlor games</b> <b>6:30 Travel to National Parks [1LR]</b>	<b>EARTH DAY</b> <b>11:00 Mind Body and Spirt [2CC]</b> <b>1:30 Music Monday Movie</b> <b>2:30 Creative Painting</b> <b>3:30 Calling all card players</b> <b>6:30 Rummy Q [1LR]</b>	<b>11:00 Cardio Drumming with Melissa</b> <b>11:00 Where in the world are you? [1LR]</b> <b>1:30 Table Games and Trivia [1LR]</b> <b>3:30 Pen, Paper, &amp; Puzzles [B]</b> <b>6:30 Movie &amp; Popcorn [1LR]</b>	<b>11:00 Lunch Bunch</b> <b>11:00 Sit to Be Fit!</b> <b>2:00 Bingo!</b> <b>4:00 This Day in History [B]</b> <b>6:30 Rummy Q [1LR]</b>	<b>11:00 Functional fitness with Melissa</b> <b>1:30 Outdoor games</b> <b>3:00 Charades [1LR]</b> <b>4:00 Name Game</b> <b>4:30 Lydia on the Piano [B]</b> <b>6:30 Movie &amp; Popcorn [1LR]</b>	<b>11:00 Sit to Be Fit!</b> <b>2:00 Bingo ! [1LR]</b> <b>3:30 Hors d'oeuvres, snacks, and conversation</b> <b>3:30 Puzzles</b> <b>4:00 Password [B]</b> <b>6:30 Netflix series: Hollywood [1LR]</b>	<b>11:00 Exercise with friends [2CC]</b> <b>1:30 Walking the community</b> <b>3:30 Rummy Q [1LR]</b> <b>4:30 Mindful Meditation [1LR]</b> <b>6:30 The Magicians : Netflix series [1LR]</b>
	<b>11:00 Ping Pong and other table games</b> <b>1:30 Create &amp; Share [1LR]</b> <b>3:30 Mindful Meditation</b> <b>4:00 Exploring Lisbet</b>	<b>11:00 Sit to Be Fit!</b> <b>1:30 Music Monday Movie</b> <b>3:30 Let's meet for cards!</b> <b>4:00 Password</b> <b>6:30 Movie &amp; Popcorn [1LR]</b>	<b>11:00 Cardio Drumming with Melissa</b> <b>1:30 Outdoor Games</b> <b>2:00 Resident Town Hall Meeting</b> <b>3:00 Today in History [1LR]</b> <b>6:30 Movie &amp; Popcorn [1LR]</b>	<p>Happy Birthday            Judy T. 4/4            Ralph D. 4/7            John O. 4/8            Bert G.- 4/14            Evelyn L. 4/23            Marlene K. 4/24</p>			<p>Peace of Mind...            All ways and always...            Lisbet Assisted Living</p>

