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Safety, security and friendship: How single women thrive as residents at Wellington Bay



When Anne Beaver realized that living in — and maintaining — a four-bedroom home by herself was unnecessary, she found an apartment at Wellington Bay that was perfect.

Anne Beaver and her late husband Harvey loved everything about South Florida when they first started visiting our tropical paradise while on multiple vacations in the 1990s.

So enamored were they of the region, when Harvey, a pediatric dentist, and Anne, a psychotherapist, retired from their full-time jobs in West Bloomfield, Michigan in the early 2000s, they spent the next several years as regular winter snowbirds.

But as Anne recalls “Harvey found he didn’t really like being retired, so he accepted a position with Nova Southeastern University as an adjunct professor, and we bought a four-bedroom, 3½-bathroom house in Wycliffe Golf & Country Club in Wellington and decided to live here full-time.”

The couple, who were both on their second marriages and had five (now-adult) children between them, wanted the space to host their large and spread-out family.

However, after Harvey fell ill and died in 2012, Anne was tasked with maintaining their large — and now-empty feeling — home.

“The house was so big and way more space than I needed,” says Anne. “I stayed there for a while, but as the years passed and maintaining it became increasingly more challenging, I realized I might be better off in a senior retirement community.”

Fortunately for Anne, coinciding with this realization came news — which she read about in *The Palm Beach Post* — that a luxurious brand-new senior community called Wellington Bay would be opening in the fall of 2022.

“I wanted to stay in Wellington, so the location was perfect,” said Anne. “And once I visited the property, met the staff and some of the residents, and saw all that Wellington Bay had to offer, I knew I’d found my new home.”

Anne moved into her cozy one-bedroom apartment in April 2023 and immediately felt the relief of no longer having to maintain a large house by herself.



Beyond that relief, what Anne really enjoyed about her new living situation was the perpetual convenience, support and camaraderie she experienced daily.

“I remember not long after I moved in, I had a little flu bug, so I called in my dinner order, and they brought it to me in minutes,” she says. “I mean, you can’t beat that!”

What’s more, she says that these days if she’s ever feeling under the weather “I get 20 phone calls from folks checking in on me. Between the staff and all my friends and neighbors, I’ve never felt so safe and cared for.”

She’s also busier than ever — even on days when inclement weather makes outdoor activities impossible.

“Recently, when we had a daylong storm, I was still constantly on the go,” she recalls. “I took an exercise class in the morning, then played canasta in the clubhouse, and met a friend for lunch — all without leaving the property or even needing an umbrella! The convenience, community support and resort lifestyle at Wellington Bay are what make that possible.”

Indeed, Wellington Bay Campus Director Jay Mikosch notes that what Anne Beaver has found at Wellington Bay make her the quintessential example of “the myriad benefits that a single woman or widow in retirement derives from living in an active senior living community — safety, security, support and 24/7 peace of mind.”

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