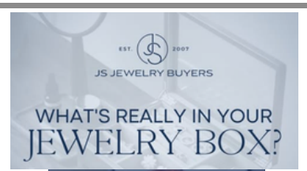
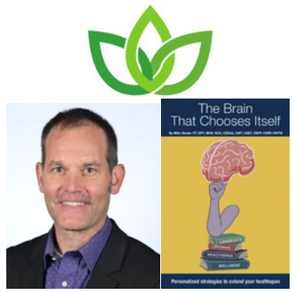
LIBERTY Senior Living

WELLINGTON BAY

November 2026

AR=ART ROOM FE=FRONT ENTRANCE LIB=LIBRARY OP=OUTDOOR POOL PFR=PRE-FUNCTION RM TR=TROPHY ROOM
BC=BOCCE CT GES=GROUP EXER STUDIO LIS=LISBET@WB PC=PICKLEBALL CT PDR=PRIVATE DINING UFB=UPPER FOUNTAINVIEW BALC
CR=CARD ROOM IP=INDOOR POOL MR=MEDITATION RM PPC=PING PONG CT PG=PUTTING GREEN ULB=UPPER LAKEVIEW BALC
CC=CHUKKER'S CAFE LL=LEGENDS LOUNGE ML=MAIN LOBBY PR=POLO RM SC=SHUFFLEBOARD CT WO=WELLNESS OFFICE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 8:30 AM Pickleball Club (PC) 1:00 PM Open Card Play (CR) 2:00 PM Rummikub Play (CR) 2:45 PM New Movie Sunday "Queen of the Sun: What Are the Bees Telling Us?" Popcorn served (MT)	**23** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Cardio Warm-Up with Ximena (GES) 10:00 AM St. Rita's Catholic Church Holy Communion and Rosary (LIS) 10:00 AM Chair Fit with Melissa - Lengthen, Strengthen & Tone (GES) 10:30 AM MIRROR ME with Melissa - Interpretive Movement for Body, Mind & Soul (GES) 11:15 AM Yiddish Club (AR) 11:15 AM LiveWELL Mindful Meditation with Melissa (ULB) 1:00 PM Open Card Play (CR) 1:00 PM Musical Monday DVD Natalie Cole "Ask a Woman Who Knows" (MT) 1:30 PM Putting Club (PG) 3:30 PM Bocce Club (BC) 4:00 PM Happy Hour (LL) 7:30 PM Movie "Queen of the Sun: What Are the Bees Telling Us?" (MT)	**24** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Cardio Warm-Up with Melissa (GES) 10:00 AM Chair Fit with Melissa - Pilates & Core Conditioning (GES) 10:45 AM Aqua Fit with Melissa *Weather Permitting (OP) 11:00 AM Transportation Route to Mall, Publix, Target, Walmart, Walgreens, CVS. Bank of America REGISTRATION REQUIRED 24 HOURS IN ADVANCE (FE) 1:00 PM Billiards Club (TR) 1:00 PM Open Card Play (CR) 1:30 PM Putting Club (PG) 2:45 PM Movie "Queen of the Sun: What Are the Bees Telling Us?" (MT) 4:00 PM Happy Hour (LL) 4:00 PM Technology Club "Black Friday Deals for Home Automation" (AR) 7:30 PM Musical Monday DVD Encore Showing Natalie Cole "Ask a Woman Who Knows" (MT)	**25** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Cardio Warm-Up with Melissa (GES) 10:00 AM Cardio Drum & Tone with Melissa (GES) 10:30 AM Resident-Led Activity: Gentle Aquatic Exercise with Rose Hinrichs (IP) 10:30 AM Seated Stretch & Flow with Ximena (GES) 10:45 AM Backgammon Club (CR) 11:15 AM LiveWELL Mindful Meditation with Melissa (ULB) 1:00 PM Open Card Play (CR) 1:00 PM Poker Play (All Welcome!) (TR) 4:00 PM Happy Hour (LL) 7:30 PM New Movie Wednesday "Scarface" Popcorn served (MT)	**26** THANKSGIVING 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Cardio Warm-Up with Melissa (GES) 10:00 AM Barre, Balance & Mobility with Melissa (GES) 10:30 AM HAPPY THANKSGIVING! Special Gratitude Yoga with Melissa (GES)	**27** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Cardio Warm-Up with Ximena (GES) 10:00 AM Chair Fit with Ximena - Functional Strength (GES) 10:30 AM Resident-Led Activity: Tai Chi with Terry Golden (GES) 11:00 AM Diamond Girls Club (AR) 11:00 AM Open Art Room (AR) 11:15 AM LiveWELL Mindful Meditation with Melissa (ULB) 1:00 PM Duplicate Bridge with Director Sid Korn (LC) 1:00 PM Open Card Play (CR) 1:00 PM Poker Play (All Welcome!) (TR) 1:00 PM Billiards Club (TR) 2:00 PM Resident Led Lifelong Learning Group with Ilene Vinikoor (MR) 3:00 PM Shabbat Services (LIS) 4:00 PM Happy Hour (LL) 7:30 PM Movie "Scarface" (MT)	**28** 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Balance Class with Rosalee (GES) 10:15 AM Seated Yoga with Rosalee (GES) 10:30 AM Resident-Led Activity: Gentle Aquatic Exercise with Rose Hinrichs (IP) 1:00 PM Open Card Play (CR) 4:00 PM Happy Hour (LL) 7:30 PM BINGO with Jena (LC)
29 8:30 AM Pickleball Club (PC) 1:00 PM Open Card Play (CR) 2:00 PM Rummikub Play (CR) 2:45 PM New Movie Sunday "The Invite" Popcorn served (MT)	**30** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Cardio Warm-Up with Ximena (GES) 10:00 AM St. Rita's Catholic Church Holy Communion and Rosary (LIS) 10:00 AM Chair Fit with Melissa - Lengthen, Strengthen & Tone (GES) 10:30 AM MIRROR ME with Melissa - Interpretive Movement for Body, Mind & Soul (GES) 11:00 AM Craft Class with Resident Elyse Fuhr "Sparkle & Style: Diamond Art Lady" Registration Required (AR) 11:15 AM LiveWELL Mindful Meditation with Melissa (ULB) 1:00 PM Open Card Play (CR) 3:30 PM Bocce Club (BC) 4:00 PM Happy Hour (LL) 7:30 PM Movie "The Invite" (MT)	 **Hard Rock Casino Day Trip!** Monday, November 9 Prompt 9:00 am Bus Departure ~5 hours at the casino ~$25 in free play ~$5 buffet discount or 15% off any restaurant ~$45/pp CASH ONLY as you board the bus *Approximate return time 5:00 pm* Reservations Required	 J.S. Jewelry Buying Event Tuesday, November 10 10:00 am - 12:00 pm Art Room Gold ~ Platinum Silver ~ Diamond Jewels	 FAU Art Galleries Docent-Led Tour Schmidt Center Ritter Art Gallery Thursday, November 12 Prompt 9:30 am bus departure *Continuum: Angela DiCosola Artistic Lineage & Transformation* *What Did Women Do? 1933-1945 Poster Exhibit* Lunch at Mario's Osteria Tour, complimentary + the cost of lunch (individual checks) Meet in Lobby Reservations Required	 SPECIAL LiveWELL Speaker Nationally Acclaimed Aging Expert, Bestselling Author, TED Talk & ICAA Keynote Speaker Dr. Mike Studer Sunday, November 15 2:00 pm Liberty Center "Choose It or Lose It: Live Longer, Live Better!"	 Exploring Olive Oil & Vinegar Pairings with Executive Chef Joshua Crane Friday, November 20 1:00 pm Art Room Reservations Required

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 AM Pickleball Club (PC) 1:00 PM Open Card Play (CR) 2:00 PM Rummikub Play (CR) 2:45 PM New Movie Sunday "All That's Left of You" Popcorn served (MT)	**2** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Cardio Warm-Up with Ximena (GES) 10:00 AM St. Rita's Catholic Church Holy Communion and Rosary (LIS) 10:00 AM Chair Fit with Melissa - Lengthen, Strengthen & Tone (GES) 10:30 AM MIRROR ME with Melissa - Interpretive Movement for Body, Mind & Soul (GES) 11:00 am - Current Affairs Club (AR) 11:15 AM LiveWELL Mindful Meditation with Melissa (ULB) 1:00 PM Open Card Play (CR) 3:00 PM Wellness Committee Meeting (AR) 3:30 PM Bocce Club (BC) 4:00 PM HMLS Committee Meeting (AR) 4:00 PM Happy Hour (LL) 7:30 PM Movie "All That's Left of You" (MT)	**3** ELECTION DAY 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Cardio Warm-Up with Melissa (GES) 10:00 AM Chair Fit with Melissa - Pilates & Core Conditioning (GES) 10:30 AM Beginner/Refresher Mah Jongg Class with Resident Renee Kogan (4 of 6 classes) (TR) 10:45 AM Life Enrichment Committee Meeting (AR) 10:45 AM Aqua Fit with Melissa *Weather Permitting (OP) 11:00 AM Transportation Route to Mall, Publix, Target, Walmart, Walgreens, CVS. Bank of America REGISTRATION REQUIRED 24 HOURS IN ADVANCE (FE) 1:00 PM Billiards Club (TR) 1:00 PM Open Card Play (CR) 1:30 PM Putting Club (PG) 2:45 PM Movie "All That's Left of You" (MT) 4:00 PM Happy Hour (LL)	**4** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Cardio Warm-Up with Ximena (GES) 10:00 AM Chair Fit with Ximena - Pilates & Core Conditioning (GES) 10:30 AM Resident-Led Activity: Gentle Aquatic Exercise with Rose Hinrichs (IP) 10:30 AM Seated Stretch & Flow with Ximena (GES) 10:45 AM Culinary Committee Meeting (AR) 10:45 AM Backgammon Club (CR) 11:15 AM LiveWELL Mindful Meditation with Ximena (ULB) 1:00 PM Open Card Play (CR) 1:00 PM Poker Play (All Welcome!) (TR) 4:00 PM Happy Hour (LL) 7:30 PM New Movie Wednesday "The Rivals of Amziah King" Popcorn served (MT)	**5** 7:30 AM Coffee & Company (CC) 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 10:00 AM Balance Class with Rosalee (GES) 10:30 AM Love from Above - A Non-Denominational Service (LIS) 10:30 AM Seated Yoga with Rosalee (GES) 10:45 AM Administration/Marketing Committee Meeting (AR) 11:00 AM Transportation Route to Wells Fargo, PNC, Publix, Whole Foods, Trader Joe's REGISTRATION REQUIRED 24 HOURS IN ADVANCE (FE) 1:00 PM Open Card Play (CR) 1:00 PM Beginner/Refresher Poker Lessons with Resident Howie Phillips (1 of 4 classes) (TR) 2:00 PM Shuffleboard Club (SC) 2:45 PM Movie "The Rivals of Amziah King" (MT) 4:00 PM Happy Hour (LL) 7:00 PM Mexican Train Play (CR)	**6** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Cardio Warm-Up with Ximena (GES) 10:00 AM Knitting Club (AR) 10:00 AM Bookmobile (FE) 10:00 AM Chair Fit- Functional Strength with Ximena (GES) 10:30 AM Resident-Led Activity: Tai Chi with Terry Golden (GES) 11:00 AM Diamond Girls Club (AR) 11:00 AM Open Art Room (AR) 11:15 AM LiveWELL Mindful Meditation with Ximena (ULB) 1:00 PM Duplicate Bridge with Director Sid Korn (LC) 1:00 PM Open Card Play (CR) 1:00 PM Poker Play (All Welcome!) (TR) 1:00 PM Billiards Club (TR) 2:00 PM Resident Led Lifelong Learning Group with Ilene Vinikoor (MR) 3:00 PM Shabbat Services (LIS) 4:00 PM Happy Hour (LL) 5:00 PM *SHABBAT ACROSS AMERICA* in partnership with Jewish Federation of Palm Beach County (ML) 7:30 PM Musical Entertainer Susan Winter (LC)	**7** 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Balance Class with Rosalee (GES) 10:15 AM Seated Yoga with Rosalee (GES) 10:30 AM Resident-Led Activity: Gentle Aquatic Exercise with Rose Hinrichs (IP) 1:00 PM Open Card Play (CR) 1:30 PM BINGO with Irene (LC) 2:45 PM Trivia with Irene (LC) 4:00 PM Happy Hour (LL) 5:30 PM Prompt bus departure for "Last of the Red Hot Lovers" @ Willow Theatre $25/pp Reservations Required (FE) 7:30 PM Movie "The Rivals of Amziah King" (MT)
8 8:30 AM Pickleball Club (PC) 1:00 PM Open Card Play (CR) 2:00 PM Rummikub Play (CR) 2:45 PM New Movie Sunday "Citizen Kane" Popcorn served (MT)	**9** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:00 AM Prompt bus departure for Hard Rock Casino Day Trip! 5 hours at the casino, $25 in free play and $5 buffet discount (or 15% off any restaurant) $45 per person CASH ONLY as you board the bus. Approximate return to Wellington Bay 5:00 pm. Reservations required (FE) 9:45 AM Cardio Warm-Up with Ximena (GES) 10:00 AM St. Rita's Catholic Church Holy Communion and Rosary (LIS) 10:00 AM Chair Fit with Ximena - Lengthen, Strengthen & Tone (GES) 10:30 AM MIRROR ME with Ximena (GES) 11:15 AM LiveWELL Mindful Meditation with Ximena (ULB) 1:00 PM Open Card Play (CR) 1:30 pm - Putting Club (PG) 3:30 PM Bocce Club (BC) 4:00 PM Happy Hour (LL) 7:30 PM Movie "Citizen Kane" (MT)	**10** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 10:00 AM JEWELRY EVENT J.S. Jewelry Buying (AR) 10:00 AM Balance Class with Rosalee (GES) 10:30 AM Alzheimer's Caregiver Support Group *Caregivers Only (MR) 10:30 AM Beginner/Refresher Mah Jongg Class with Resident Renee Kogan (5 of 6 classes) (TR) 10:30 AM Seated Yoga with Rosalee (GES) 11:00 AM Transportation Route to Mall, Publix, Target, Walmart, Walgreens, CVS. Bank of America REGISTRATION REQUIRED 24 HOURS IN ADVANCE (FE) 11:00 AM Bible Club Fellowship (CR) 1:00 PM Billiards Club (TR) 1:00 PM Open Card Play (CR) 1:30 PM Putting Club (PG) 2:00 PM Afternoon Activity with Jena "Spelling-Bee" and "Bee-Smart Trivia (AR) 2:45 PM Movie "Citizen Kane" (MT) 4:00 PM Happy Hour (LL) 4:00 PM Investment Club "Proactive vs. Reactive: Better Results in Financial and Tax Planning" (AR)	**11** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Cardio Warm-Up with Ximena (GES) 10:00 AM Chair Fit with Ximena - Pilates & Core Conditioning (GES) 10:30 AM Seated Stretch & Flow with Ximena (GES) 10:45 AM Backgammon Club (CR) 10:45 AM Java & Juice with Jay (TR) 11:15 AM LiveWELL Mindful Meditation with Ximena (ULB) 12:00 PM VETERAN'S DAY CEREMONY Presentation of the Colors by the Palm Beach County Sheriff's Office Honor Guard WEAR YOUR RED, WHITE AND BLUE (LC) 1:00 PM Open Card Play (CR) 1:00 PM Parkinson's Support Group (AR) 1:00 PM Poker Play (All Welcome!) (TR) 4:00 PM Happy Hour (LL) 4:00 PM Travel Club "Set Sail for Savings: Black Friday, Wave Season and Everything in Between" (AR) 7:30 PM New Movie Wednesday "Tony" Popcorn served (MT)	**12** 7:30 AM Coffee & Company (CC) 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:30 AM Prompt bus departure for Docent-Led FAU Art Galleries Tour @ Schmidt Center and Ritter Art Gallery, Boca Raton, followed by lunch at Mario's Osteria Complimentary + the cost of lunch Reservations Required (FE) 10:00 AM Balance Class with Rosalee (GES) 10:30 AM Love from Above - A Non-Denominational Service (LIS) 10:30 AM Seated Yoga with Rosalee (GES) 11:00 AM Transportation Route to Wells Fargo, PNC, Publix, Whole Foods, Trader Joe's REGISTRATION REQUIRED 24 HOURS IN ADVANCE (FE) 1:00 PM Open Card Play (CR) 1:00 PM Beginner/Refresher Poker Lessons with Resident Howie Phillips (2 of 4 classes) (TR) 2:00 PM Shuffleboard Club (SC) 2:45 PM Movie "Tony" (MT) 4:00 PM Happy Hour (LL) 7:00 PM Mexican Train Play (CR) 7:30 PM Harry Getzov "The Smooth Sounds of Glenn Miller" The American 'Big Bands' Era (LC)	**13** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Cardio Warm-Up with Ximena (GES) 10:00 AM Knitting Club (AR) 10:00 AM Chair Fit with Ximena - Functional Strength (GES) 10:30 AM Resident-Led Activity: Tai Chi with Terry Golden (GES) 11:00 AM Diamond Girls Club (AR) 11:00 AM Open Art Room (AR) 11:15 AM LiveWELL Mindful Meditation with Ximena (ULB) 1:00 PM Duplicate Bridge with Director Sid Korn (LC) 1:00 PM Open Card Play (CR) 1:00 PM Poker Play (All Welcome!) (TR) 1:00 PM Billiards Club (TR) 2:00 PM Resident Led Lifelong Learning Group with Ilene Vinikoor (MR) 3:00 PM Shabbat Services (LIS) 4:00 PM Happy Hour (LL) 7:30 PM Movie "Tony" (MT)	**14** 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Balance Class with Rosalee (GES) 10:15 AM Seated Yoga with Rosalee (GES) 10:30 AM Resident-Led Activity: Gentle Aquatic Exercise with Rose Hinrichs (IP) 1:00 PM Open Card Play (CR) 4:00 PM Happy Hour (LL) 7:30 PM Music Video BINGO with Doug Shannon, The Game Show Entertainer (LC)
15 8:30 AM Pickleball Club (PC) 1:00 PM Open Card Play (CR) 2:00 PM *SPECIAL LiveWELL Speaker! Nationally Acclaimed Aging Expert, Bestselling Author, TED Talk & ICAA Keynote Speaker Dr. Mike Studer Presents: "Choose It or Lose It: Live Longer, Live Better!" (LC)	**16** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Cardio Warm-Up with Ximena (GES) 10:00 AM St. Rita's Catholic Church Holy Communion and Rosary (LIS) 10:00 AM Chair Fit with Ximena - Lengthen, Strengthen & Tone (GES) 10:30 AM MIRROR ME with Ximena (GES) 11:00 AM RAC Meeting (AR) 11:00 AM - HEARTS & HOOVES EQUINE VISIT (Paddock) 11:15 AM LiveWELL Mindful Meditation with Ximena (ULB) 1:00 PM Open Card Play (CR) 3:30 PM Bocce Club (BC) 4:00 PM Happy Hour (LL) 7:30 PM Movie "Grease" (MT)	**17** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 10:00 AM Balance Class with Rosalee (GES) 10:30 AM Seated Yoga with Rosalee (GES) 10:30 AM Beginner/Refresher Mah Jongg Class with Resident Renee Kogan (6 of 6) (TR) 10:45 AM Art Class with Art Educator Jamey Kahl "Vintage Map Collage Art" Registration Required (AR) 11:00 AM Transportation Route to Mall, Publix, Target, Walmart, Walgreens, CVS. Bank of America REGISTRATION REQUIRED 24 HOURS IN ADVANCE (FE) 1:00 PM Billiards Club (TR) 1:00 PM Open Card Play (CR) 1:30 PM Putting Club (PG) 2:00 PM Mind Fit Games with Brie Hurley (AR) 2:45 PM Movie "Grease" (MT) 4:00 PM Happy Hour (LL)	**18** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Cardio Warm-Up with Ximena (GES) 10:00 AM Chair Fit with Ximena - Pilates & Core Conditioning (GES) 10:30 AM Resident-Led Activity: Gentle Aquatic Exercise with Rose Hinrichs (IP) 10:30 AM Seated Stretch & Flow with Ximena (GES) 10:00 AM DESIGNS BY MEG Puffer Water Bottle Holders, 2-D Printed Totes, Scarves, Wallets, Necklaces, Bracelets and MORE! (MR) 10:45 AM Backgammon Club (CR) 11:15 AM LiveWELL Mindful Meditation with Ximena (ULB) 11:30 AM Men's Brunch Bunch with Resident Michael Hechtman "Why the Prosecutor Didn't Prosecute" Please register with Steve Trachtenberg @sctrachtenberg@aol.com Individual checks (PDR) 1:00 PM Open Card Play (CR) 1:00 PM Poker Play (All Welcome!) (TR) 1:00 PM Beading Class with Resident Marlene Gurst Registration Required (AR) 4:00 PM Happy Hour (LL) 5:00 PM Culinary Theme Night "Greek" (LL) 7:30 PM New Movie Wednesday "On the Waterfront" Popcorn served (MT)	**19** 7:30 AM Coffee & Company (CC) 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 10:00 AM Balance Class with Rosalee (GES) 10:30 AM TOWN HALL MEETING (LC) 10:30 AM Love from Above - A Non-Denominational Service (LIS) 1:00 PM Open Card Play (CR) 1:00 PM Beginner/Refresher Poker Lessons with Resident Howie Phillips (3 of 4 classes) (TR) 2:00 PM Shuffleboard Club (SC) 2:45 PM Movie "On the Waterfront" (MT) 4:00 PM Happy Hour (LL) 4:00 PM Wine Club "Maria's Picks" Wines selected by our favorite wine professional (AR) 7:00 PM Mexican Train Play (CR) 7:30 PM "From Gunsmoke to Laugh-In: Best TV of the 1960's" featuring Osher Lifelong Learning Institute Speaker Margery Marcus (LC)	**20** 9:00 AM Fitness Center Instruction with Ximena (FC) 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Cardio Warm-Up with Ximena (GES) 10:00 AM Knitting Club (AR) 10:00 AM Bookmobile (FE) 10:00 AM Chair Fit with Ximena - Functional Strength (GES) 10:30 AM Resident-Led Activity: Tai Chi with Terry Golden (GES) 11:00 AM Diamond Girls Club (AR) 11:00 AM Open Art Room (AR) 11:00 AM Transportation Route to Wells Fargo, PNC, Publix, Whole Foods, Trader Joe's (FE) 11:15 AM LiveWELL Mindful Meditation with Ximena (ULB) 1:00 PM Duplicate Bridge with Director Sid Korn (LC) 1:00 PM Open Card Play (CR) 1:00 PM Poker Play (All Welcome!) (TR) 1:00 PM Billiards Club (TR) 1:00 PM Exploring Olive Oil & Vinegar Pairings with Executive Chef Joshua Crane Reservations Required (AR) 2:00 PM Resident Led Lifelong Learning Group with Ilene Vinikoor (MR) 3:00 PM Shabbat Services (LIS) 4:00 PM Happy Hour (LL) 7:30 PM Movie "On the Waterfront" (MT)	**21** 9:00 AM LiveWELL Walk at WELLington Bay (ML) 9:45 AM Balance Class with Rosalee (GES) 10:15 AM Seated Yoga with Rosalee (GES) 10:30 AM Resident-Led Activity: Gentle Aquatic Exercise with Rose Hinrichs (IP) 1:00 PM Open Card Play (CR) 4:00 PM Happy Hour (LL) 7:30 PM Musical Duo Jozay and Patti "Dancing Through the Decades" and the November Birthday Celebration (LC)